



Treatment of Circulatory Disorders: Using a Homeopathic Remedy made from Propionibacterium avidum

**by Dr. Konrad Werthmann,
Doctor of General Medicine, Doctor of Pediatrics
Austria**



Circulatory disorders have a number of causes, ranging from embolic blockage to diabetic gangrene. In actual practice, this multiplicity of forms reaches from functional vegetative disorders to cerebrovascular insufficiency, including transitory ischemic attacks. In pediatric practice, functional circulatory disorders show up as migraine attacks, reduced circulation to the hands (cold fingers) and menstrual pains.

Each indication has various possible medication approaches, on the one hand vasodilators, blood pressure elevators, analgesics, psychotropics, parasympatholytics, etc. In complementary medicine, one tries to apply holistic theory to therapy. For circulatory disorders of various kinds, the holistic approach means treating the cause rather than the Symptom. In this regard, the Corynebacteria show the way.

The Corynebacteria are widespread in nature and a number of species are physiological inhabitants of human mucosa, primarily in the respiratory tract and saprophytes in the intestinal tract. For their growth, the bacteria need primarily blood serum or blood components. In their bacteriological differentiation, hemolysis is often viewed as an important criterion. They thus possess an affinity to organ blood. A homeopathic dilution of this kind of bacterial suspension thus exerts an influence on existing disturbances in the blood and vascular system. Practical experience can confirm this.

Therapeutically useful from this family of Corynebacteria are the propionibacteria. As shown in Table 1, one can relieve migraine patients of their suffering with a homeopathic preparation of *Propionibacterium avidum* (Pleo™Leptu 6X). Patients with shooting cardiac pain, cardialgia due to high blood pressure or anxiety symptoms also report a lessening of the above named symptoms shortly after treatment with this bacterial preparation, and no longer think about them after about 3 weeks. If improvement is slow in coming, one can reduce the patient's Protein intake in order to avoid viscosity problems in the blood. Of course, individual antigens should likewise be removed from the dietary palette.

For coronary complaints, one should first determine whether there is an actual pathological substrate present, such as a coronary occlusion, or whether it is rather a case of functional or vegetative symptoms. In the former case, it is advisable to bring in an internist.

In tinnitus cases, therapy takes effect much more slowly and weakly. This depends primarily on how much time has elapsed between the onset of the process and the beginning of therapy. An acute process responds especially well to treatment in combination with Pleo™Muc 5X (*Mucor racemosus*) in tablet or sip form.

Table 1: Therapizing Various Circulatory disorders with Pleo™Leptu 6X

1. MIGRAINE:

1st week: 1 capsule or suppository 3x weekly

2nd week on: 1 capsule or suppository 2x weekly
 maintenance dosage: 1 capsule or suppository 1 - 2x weekly

Of all indication groups, the migraine patients respond the quickest, and one can usually go over to the maintenance dosage after only 2 - 3 weeks. It is recommended to keep up the maintenance dosage for a few months.

Table 2: Treatment Results Using Pleo™ Leptu 6X

MIGRAINE PATIENTS	N 14	TREATMENT LENGTH	IMPROVED	NOT IMPROVED
Age > 15	10	3-7 weeks	9	1
Age < 15	4	3-4 weeks	4	1
TINNITUS PATIENTS	N 6			
Age < 18	6	8-10 weeks	4	2
SHOOTING CARDIAC PAIN, CARDIALGIA	N 8			
Age > 15	5	2-3 weeks	5	
Age < 15	3	3-5 weeks	3	2



2. TINNITUS:

For the 1st 3 - 4 weeks: 1 capsule/suppository 3x weekly, then 1 capsule/suppository 2x weekly. This is for months the maintenance dosage. Additionally, for tinnitus cases, inject Pleo™Muc 5X sips at the acupuncture points, possibly also embrocate Pleo™ Spermus 1X drops.

3. SHOOTING CARDIAC PAIN, CARDIALGIA:

1st week: begin with 1 capsule/suppository 3x weekly
2nd week on: until symptoms cease, 1 capsule/suppository 2x weekly.

If the symptoms are not clearly reduced by the 3rd week, a combination with Pleo™ Spermus 1X drops is recommended, 5 drops 2x daily. With this combination, even the most therapy resistant forms improve (*Table 2*).

In closing, one should keep in mind that, using a simple and yet effective therapy; a great number of patients can be helped quickly. It is always striking how quickly some individuals, especially young people, lose their symptoms. No side effects have yet been observed. Interestingly, the treatment gives the patients especially the migraine sufferers

a new sense of security; they are free of pain and their general mood brightens. Sometimes they spontaneously admit to problems that they had previously been denying when questioned about them. The therapy not only reduces their fear of renewed attacks, but their entire emotional state improves.

First published in the Explore Magazine (Volume 8, No. 5)

© Copyright by Dr. Konrad Werthmann, Austria

All Rights Reserved.