



Acute Inflammation following a Dental Extraction

by Barbara Sander, Naturopath



History

Shortly before Christmas I was visiting the hygienist for a scaling and, quite unexpectedly, a decayed tooth came to light. The caries had completely ruined the tooth from within out to the surface. It was too late for the tooth to be treated conservatively, of course, and since I was fully aware of the explosive effect of such an infective focus, I quickly made an appointment for an extraction. And so I went for treatment, accompanied by Arnica 30C, NOTAKEHL and a certain amount of blissful unawareness.

The root of the tooth was enormous, and unfortunately a piece broke off; with a good deal of hard work and skilled craftsmanship on the part of the dentist she eventually also managed to remove this too. As was to be expected in the circumstances, the next day passed problem-free, but towards evening a deterioration set in. The next morning I woke feeling as though I had a dead creature in my mouth; with every beat of my pulse it felt as if the size of my head had tripled.

Following a brief examination by the dental emergency service I was prescribed an antibiotic, but I was determined to get

through this without resorting to it, and I also wanted to manage without painkillers. I went to bed, since rest and warmth are good medicine, and I made use of this compulsory break to look in my books for some appropriate recommended treatment.

Treatment

I prepared a mixed injection of 1 ampoule each of ARTHROKEHLAN A 6X), NOTAKEHL 5X and Traumeel (Heel) in one syringe, and several times each day I carefully dripped a few drops on to the wound. My dentist had advised against rinsing, as this can upset the coagulation. (Later I rinsed using a mixture of ALKALAN, Hypericum and Calendula tinctures diluted in water.)

The swollen sensation in my head decreased, but the pain remained; it was almost impossible to eat, drink or speak, so it was only to a limited extent that I could take part in the Christmas rituals.

As stagnation was setting in, I once again consulted my books and complemented the existing medication:

Rinsing with 1 ampoule each of ARTHROKEHLAN A 6X,

NOTAKEHL 5X and Traumeel (Heel), a few drops of MU-COKEHL 5X (D5) and Procain.

As well as this local application, I took the following internally:

SANUVIS - 5 drops every 1-2 hours.

Hekla lava and Symphytum in homœopathic potency.

Clearly SANUVIS proved to be the decisive turning point, since soon after the first dose I noticed a definite amelioration. Within one day I had recovered to the extent that I could get out of my sick-bed and resume my usual way of life and customary diet.

Looking back, it was a quiet Christmas, but one from which I learnt a great deal.

First published in the German language in the SANUM-Post magazine (87/2009)

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