



A Case Report: Bechterew's Disease (Ankylosing Spondylitis)

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In February 2006, a 50-year-old man came to our practice having been diagnosed allopathically with ankylosing spondylitis. A stiffening of the spine meant that his mobility was severely limited. He could hardly stoop and was suffering from intense pain in the rib cage, both anterior and posterior. Over a period of years the pain had resulted in disturbed sleep on a massive scale. He had been having orthodox treatment since 1987 with Voltarol, Cortisone and other drugs, likewise acupuncture and neural therapy, none of which had brought him any relief.

A darkfield vital blood test clearly revealed a problem with his milieu. Regardless of his specific problem, therefore, initially a milieu-cleansing treatment was proposed, using colonic irrigation accompanied by SANUM preparations, to which the patient agreed.

The following were prescribed:

- ALKALA N powder
- LATENSIN 4X capsules (Bacillus cereus 4X)
- RECARCIN 4X capsules (Bacillus firmus 4X)
- UTILIN 4X capsules (Bacillus subtilis 4X)
- PEFRAKEHL 5X drops
- SANKOMBI 5X drops
- FORTAKEHL 5X drops
- SANUVIS tablets (For dosage, see „A Comprehensive Guide to SANUM Therapy according to Prof. Enderlein“)
- Mutaflor mite capsules
- Mutaflor capsules
- St. Mary's thistle mother tincture (Curarina)
- Metaharonga (Meta Fackler)

Herbal tea blend to support the liver:

Semen cardui mariae
Taraxaci radix cum herba
Folia mentha pip.
Fructus varvi cont.

After the fifth or sixth colon cleansing, the patient reported feeling palpably better already. The treatment was therefore continued. Up to the end of April 2006, a total of ten colonic irrigations was carried out.

After an interval of four weeks, a test was carried out and the patient was prescribed the biochemic tissue salts that he required in order to make up the mineral deficiencies that had been detected.

Following that, from June to October 2006, weekly infusions were carried out with 100ml (=15g) of Vitamin C on each occasion, altogether ten times. Running in parallel with these, primarily at the patient's insistence, further monthly colonic irrigations were administered.

At the end of October 2006, treatment began using neural therapy. Along with two ampoules of Procaine (1 % á 2 ml.) and according to testing, the following remedies were given: NOTAKEHL 5X, QUENTAKEHL 5X, NIGERSAN 5X, CITROKEHL, Calcarea carbonica and Calcarea phosphorica (both Heel), one ampoule of each. Weals were set with the remedies paravertebrally along the thoracic and lumbar sections of the spine, and on the front of the body along the breast-bone and costal arch. As well as this, a deep injection of the

remedies (without Procaine) was given, using a grade 20 hypodermic needle, at particularly painful spots (trigger points), e.g. on the liver meridian.

There was an initial period of stagnation, and then, after receiving 35 neural therapy treatments, the patient was describing simply incredible improvements: on stooping, he was almost able to touch the floor with his hands, something which had been impossible for many years. The nocturnal pain had all but disappeared. These results are all the more remarkable, inasmuch as orthodox medicine regards ankylosing spondylitis as incurable, and no progress had been made over many years of attempted cures.

It is safe to assume, on this basis, that ongoing longer-term treatment will be required in this case, in order to stabilise what has so far been achieved and to attain any further improvement.

Bibliography:

Weigel, G.: A Comprehensive Guide to SANUM Therapy according to Prof. Enderlein

Weigel, G.: Dunkelfeld- Vitalblutuntersuchung – Praxisleitfaden [=Darkfield investigation of the vital blood - A Practice Manual]

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