



Successful Treatment of a Streptococcal Infection in a Child

by Jana Rollmann, Naturopath



In December 2004 a 4-year-old boy arrived at my practice. For several days he had been feeling weak, but was now showing signs of a fever and was complaining of a very painful throat. A streptococcal infection was strongly suspected. The mother has a strong faith in natural therapies and did not wish the child to have orthodox treatment. Once I had thoroughly examined the child and discussed my findings with the mother, treatment was started as follows:

Isopathic treatment

NOTAKEHL 5X drops, alternating every 3 days with

SANKOMBI 5X drops, 4 drops daily of the corresponding preparation were prescribed, to be taken for 2 weeks. After that, the child was to take only

SANKOMBI 5X drops, for a further 2 weeks, to complete the regulatory treatment.

Nosodes

Concurrently with the above, the boy took the nosode *Streptococcus haemolyticus* 12X, 6 globules twice daily.

Adjunctive treatment

The child was de-acidified by means of alkaline baths, using ALKALA N powder.

The mother prepared alkaline soups as advocated by Dr. Rau. To make these, vegetables (carrots, potatoes, courgettes, celery etc.) are chopped up and simmered gently in water with no added salt for about 20 minutes. The vegetables are then discarded, and the liquor is drunk by the patient.

The mother prepared liver fomentations with very warm water.

Twice daily the mother treated the boy with acupuncture, working for about 60 seconds on each of the

acupuncture points Di 4 (Hegu) and Lu 11 (Shaoshang).

In order to soothe the pain in the throat and at the same time to both maintain an adequate fluid intake and achieve some phytotherapeutic action on the bacterial presence, the boy was given a herbal tea of thyme and fennel seeds. As well as this, the mother rubbed the child's back with oil of mallow (made by Wala): another way of achieving the best possible elimination and liquefaction of mucus.

The boy was rapidly restored to full health without the use of antibiotics. He suffered no relapse and no after-effects of the infection were observed.

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