



Hyperemesis in Early Pregnancy

by Dr. Wula Papadimitriou



I was consulted by a 34-year-old woman early in her second pregnancy, as she was suffering from severe hyperemesis gravidarum, acute reactive gastritis and hypotensive syncope.

Following a thorough examination and case-taking, the initial treatment consisted of a strict diet, cutting out all animal proteins, plus alkaline infusions. As well as this, her thyroid was targeted with Neural Therapy. Urine tests very soon showed a measurable improvement: ketones were no longer present. However, the gastric complaints as well as the hypotensive circulatory disorder continued unabated.

The patient was recommended to wash in cold water in the evenings, and as well as this she self-administered coffee enemas as advocated by Dr. Max Gerson. For this, 3 tablespoonfuls of ground coffee are simmered for 10 minutes in a litre of water. This is then filtered and the temperature of the liquid is reduced to body temperature, before its instillation per rectum. Additionally the patient used alkaline showers. This involves a brief shower, enough to moisten the skin, and then taking

a measuring-spoonful of ALKALAN in the hands and gradually rubbing all parts of the body intensively with this alkaline salt for about 5 minutes. After this, the body is thoroughly rinsed off under the shower, and then dried. Beside the thorough deacidification, this treatment also leads to a fantastic stimulation of all the glands in the skin. As well as the exfoliation, which occurs as a side-benefit, the activity of the sebaceous glands is promoted, which gives the skin an attractive, silky sheen. These measures led to a major improvement in the patient's symptoms.

Following a dietary indiscretion the therapeutic efforts had to be stepped up again. The patient was given further Neural Therapy injections near the thyroid and the critical areas: liver and stomach. At the same time alkaline infusions were given. The patient now adhered to a strict diet, washed in cold water in the evenings and took coffee enemas several times a day. At the same time she also continued to rub herself regularly with ALKALAN and to rinse off thoroughly under the shower.

By means of laboratory test results it was possible to observe a clear improvement taking place, compared with her initial state.

Eosinophil and lymphocyte counts dropped from 4.8% to 2.3%, and from 32.9% to 26.2% respectively. Her enzyme readings - alpha-Amylase and alkaline Phosphatase in the blood - also dropped. What was particularly striking was the liver readings (GPT and GOT) which improved in direct correlation with the start of the Max Gerson coffee enemas. Within 8 days(!) the GOT levels dropped from 36 U/l to 13 U/l, and the GPT levels over the same period from 40 U/l to 11 U/l! The result was an obvious stabilisation of the mother's health.

In the meantime the foetus was developing according to its age, and in her ninth week, for the first time during this pregnancy, the mother expressed a desire to go for a walk.

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