



---

# **Treatment of a Long-standing Case of Troublesome Vertigo**

**by  
Herbert Dahmen, Naturopath**



## Case-taking

At the age of 6 I suffered an acute attack of otitis media in my left ear, and this was treated surgically. After the treatment was over I was left with a slight hearing loss in the left ear, and this still remains.

When I was 57 I had shingles below my left shoulder blade, with efflorescent skin change extending over an area measuring 3x2 cm. I immediately embarked on a course of treatment which rapidly proved successful. A mixture of 2 ml Procain 2% and 2 ml Engystol (Heel) was injected beneath the efflorescences. Additionally I took 5 tablets of Wobe-Mugos orally 3 times daily.

However, after this treatment I suffered from recurring episodes of slight to moderate itching in the affected area of skin at irregular intervals. These episodes of itching would always disappear again within a few hours.

At the beginning of June 2004, severe vertigo set in overnight. In

the daytime too, this would make its presence felt with every differing movement of the head. I was plagued by violent attacks of vertigo on lying down or turning to the side, in bed as well. I found it almost unbearable to be in such a state, and it was having a strong adverse effect on me. The vertigo was also accompanied by violent pain in the cervical region of my spine. As if this were not enough, there was also a general increase in my hearing loss.

## Treatment

Neural Therapy injections at the ganglion stellatum, the mastoid process and under the scalp achieved nothing. Nor did I obtain any relief from Chiropractic or Lymph Drainage. Alongside these treatments I also had recourse to homeoeopathic remedies such as Nux vomica 4X, Belladonna 12X, Conium 6X and Sulphur 12X, as well as Vertigo-Heel. All in vain.

It seemed like a hopeless case.

*Coincidentally* I heard about the SANUM remedies. After intensive scrutiny of this “last ray of hope“ and consultation, I began taking 2 capsules of QUENTAKEHL 4X in the evening before retiring. The results surpassed all my expectations. After only two nights of taking QUENTAKEHL 4X the attacks of vertigo, the cervical pain and the hearing loss had all completely disappeared. I continued the treatment for 20 days, keeping to the same dosage.

In the meantime 8 months have passed, and the wonderful healing has been maintained.

**First published in the German language in the SANUM-Post magazine (72/2005)**

**© Copyright 2005 by Semmelweis-Institut GmbH, 27318 Hoya (Weser), Germany**

**All Rights Reserved.**