



From Practice - For Practice

SANUM Treatment of Herpes Zoster

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Herpes viruses have two distinguishing features: they occur demonstrably worldwide, and they have a very narrow host spectrum. They can be transmitted directly and indirectly, likewise diaplacentally. There is a whole host of disease variants, such as herpetic sepsis of the newborn, herpes corneae in the eye, dermatosis of pregnancy (H. gestionis), or Herpes simplex and, last but not least, shingles (H. zoster).

Herpes zoster is a neurotropic viral disease, and therefore always associated with pain. H. zoster breaks out when there is a reactivation of varicella viruses which have persisted in the gliocytes of the

spinal ganglia. It is the author's opinion that therefore trigeminal pain (neuralgia) is likewise caused by an occult H. zoster infection. The factor which proves that is that this is likewise clearly reduced by the indicated treatment.

It is important to recognise three stages of this illness:

- 1) The patient presents with pain like a belt, without rubor of the skin and without vesicles (intercostal neuralgia).
- 2) In the painful area the patient exhibits the typical Zoster picture: redness of the area and vesicles.

- 3) In the case-taking the patient reports having had a Zoster illness years ago, and is now suffering from the same pains (intercostal neuralgia).

In all three stages we normally work with the same treatment, for the reason mentioned above.

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Suggested treatment

1. Milieu: ALKALA N powder, ½ - 1 measuring spoonful twice a day in warm water, and CITROKEHL, 10 drops twice a day for 4 weeks, likewise PENICILLIUM BREVICOMPACTUM 6X (STOLONIKEHL), 10 drops twice a day (previously PENICILLIUM STOLONIFERUM), partly massaged in, partly taken orally, and Vitamin B orally, or by i.m. injection.
2. GRIFOKEHL 5X drops, 10 drops orally twice a day for 2 weeks, then switch to
3. SANKOMBI 5X drops, 10 drops twice a day for 4 weeks, but always following the pattern 5-2-5-2 (Mon.-Fri. = 5 days = SANKOMBI, and at weekends = 2 days = GRIFOKEHL)
4. RECARCIN 6X suppositories, one twice a week.