



SANUM Treatment in Practice

Neurodermitis in a 2-year-old Girl

by Barbara Sternke, Naturopath



Julia, b. 2001

In May 2003, the father brought his daughter to see me. Julia presented with clear traces of neurodermitis on her elbows and back. As well as that, of course, the father described the constant, tormenting itching.

Julia's birth was natural and she was breastfed for about 10 months. The mother is atopic, suffering from hayfever and asthma. At the age of 6 months, Julia got dry skin, which in due course developed into a full neurodermitis picture. Her skin looked particularly bad on her back, in the hollows of her knees and on her elbows.

At the time of our consultation, Julia had been taking part for some time in a study conducted by a skin clinic in Frankfurt. As part of this study, probiotic remedies were prescribed to cleanse the gut, but so far without any success.

Treatment

1. Dr. Werthmann's diet (i.e. no cow's milk or hen's eggs).

2. NOTAKEHL 5X, 5 drops twice a day for 3 weeks, then SANKOMBI, 8 drops twice a day.

3. Right from the outset: RECARCIN 6X drops and UTILIN 6X drops, in daily alternation, two drops to be massaged in once a day.

4. Likewise right from the outset: SANUKEHL Pseu 6X drops, 2 drops to be massaged in once daily, and 3 drops orally once a day.

5. REBAS 6X, daily, ¼ capsule, contents to be distributed around the pharynx.

To address the constant itching, the following ointment was prescribed:

- Anæsthesini 1%
- Oleum olivarum 10.0
- Eucerini cum Aqua ad 100.0
- m. f. ungt.
- s. to be applied 2-3 times daily

After Julia had been taking the prescribed preparations and keeping to the diet for about 5

weeks without any problems, she was brought along by her mother.

Julia was free of any skin problems. On her elbows and back just one or two places could still be made out, where the skin was still depigmented, but these would disappear over the next few weeks. I consider this to be a happy outcome.

I have also used SANUM remedies in a similar form in adult cases of neurodermitis, and always with astonishing success!

First published in the German language in the SANUM-Post magazine (67/2004)

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