



From Practice - For Practice

The Four-Step Treatment in Isopathic Therapy

by Dr. Konrad Werthmann



It is not always easy to decide on an isopathic prescription for diseases; how should one commence a course of isopathic treatment, and which remedy should be given at what point? The following procedure is based on over 30 years' experience in practice, treating both children and adults, and has proved to be both expedient and successful. The prescribing falls into four stages, as follows:

- 1) **Treating the Milieu** of the upper small intestine: ALKALAN,
of the microbial environment: SANUVIS (Mucor racemosus)
CITROKEHL (Aspergillus niger)
Elimination of further disorders of the milieu, such as:
Dental disorders,
Diet free of the primary antigens: cow's milk and hen's eggs.
Duration: For the entire period of treatment
- 2) **Penicillin-derived preparations**, such as: NOTAKEHL, QUENTAKEHL, FORTAKEHL, EXMYKEHL,
ALBICANSAN, PEFRAKEHL
Duration: 1-2 weeks, then switch to the
- 3) **Basic Remedy**, always prescribing this in alternation with the Penicillin-derived preparations. This facilitates the excretion of fission products and prevents relapses.
MUCOKEHL in the morning and NIGERSAN in the evening (or SANKOMBI twice daily), always observing this routine: 5-2-5-2 (Monday - Friday = 5 days = MUCOKEHL/ NIGERSAN and, at weekends = 2 days = Penicillin preparation)
Duration: Weeks or months.
- 4) **Immuno-biological treatment:** UTILIN, RECARCIN, LATENSIN, UTILIN „S“, SANUKEHL preparations
Duration: Start along with (3) above.

Below, we show an example of the Four-stage Treatment in a case of **generalised carcinoma:**

- Stages**
- 1) SANUVIS 20 drops twice a day
CITROKEHL 20 drops twice a day
ALKALAN 1 measuring spoonful-full twice a day, all to be taken in warm water.
 - 2) EXMYKEHL 5X drops, 10 drops twice daily (or 1 suppository 3X daily), over a period of 2 weeks, then switch to
 - 3) MUCOKEHL 5X drops, 10 drops (or 1 tablet) in the morning, and NIGERSAN 5X drops, 10 drops (or 1 tablet) in the evening, over a period of months, but always 5-2-5-2 (Monday - Friday = 5 days = MUCOKEHL/ NIGERSAN and, at weekends = 2 days = EXMYKEHL, and so on).
 - 4) SANUKEHLPSEU 6X drops, 10 drops twice daily, UTILIN „S“ 6X drops, 10 drops to be rubbed in twice daily, MAPURIT, 1 capsule twice daily, CHRYSOCOR 3X, 1 ampoule twice a week, ZINKOKEHL, Vit. B Complex
SANUM N

First published in the German language in the SANUM-Post magazine (66/2004)

© Copyright 2004 by Semmelweis-Institut GmbH, 27318 Hoya (Weser), Germany

A suitable introduction will be found in the book: „**The Four Steps of Isopathic Therapy**“, available in English from Semmelweis-Verlag.

All Rights Reserved