



# **SANUM Therapy in the Practice**

**Severe endometriosis  
in women who wished to conceive**

**by naturopath Katharina Hell**



### **Female patient, 25 years old**

Severe endometriosis, operated on twice. She should have been receiving hormones i.m. every month but had refused them because she would dearly like to have children.

Previous history:

The patient had reflux and underwent an operation when 18 years old; before this she had taken antibiotics every 2–3 months. She had been treated with Nystatin on several occasions.

Our treatment:

Mucosa comp. (Heel), 2 ampoules twice weekly i.m. to a total of 50 ampoules; endometriosis / cystitis nosode, 1 ampoule per week i.m. (from Staufen-Pharma: unfortunately this remedy is no longer available).

NIGERSAN 3X, NOTAKEHL 3X, PEFRAKEHL 3X suppositories, alternating daily for 3 months. All remedies were tested using neurokinesiology according to Dr Klinghardt. In addition, psychokinesiological treatment according to Dr Klinghardt was carried out on five occasions. After three months the patient was found to be pregnant!

The SANUM Therapy was continued for three months more and there were no complications. A healthy baby girl was born (3,500 g, 52 cm).

The SANUM Therapy was repeated twice a year, and 3 years later the patient again became

pregnant without difficulty. This time a healthy baby boy was born (3,500 g, 55 cm).

Regular check-ups were carried out by the gynaecologist who was very surprised.

### **Female patient, 30 years old**

Severe endometriosis, operated on three times. When the patient first came to my practice she again had 4 cm cysts and severe pain in the lower abdomen.

Our treatment:

According to neurokinesiological examination: SANKOMBI 5X, 10 drops twice daily; NIGERSAN 3X, PEFRAKEHL 3X, NOTAKEHL 3X suppositories alternating daily.

Spectro Veg 2 x 1 supplement.

Three months later the cysts had subsided; the neurokinesiological test was repeated and showed that the SANUM Therapy was to be continued.

In addition eight drops each of Reganaplex 49b, 161a and 6 every morning; eight drops each of 50a, 62a and 23b every afternoon. Foot baths every evening. Also once a month psychokinesiology according to Dr Klinghardt.

After further six months the neurokinesiological test showed:

Endometrium comp. (from Wala), 3 x 5 globules,

UTILIN “S“ 6X, 1 capsule once a week,

PINIKEHL 4X, 1 capsule before bedtime,

Ney Tabs Ovarium (from VitOrgan), 3 x 1 tablet,

Placenta comp. (from Heel) 1 ampoule orally, three times a week,

Total Cleanse Supplementa (from Henrichs).

After a further nine months the neurokinesiological test was carried out again:

5 drops each of Reganaplex 49a, 36a, 26a, 111b,

Horvitrigon, Naja, Serpalgin (Horvi), 5 drops once a day,

PEFRAKEHL 3X, NIGERSAN 3X, NOTAKEHL 3X suppositories alternating daily.

Four weeks later I received a phone call from the patient. She told me that she was pregnant without any complications. A healthy baby girl was born at full term (3,840 g, 55 cm) and everyone was very happy.

Both women had been told in hospital that they could never get children.

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