

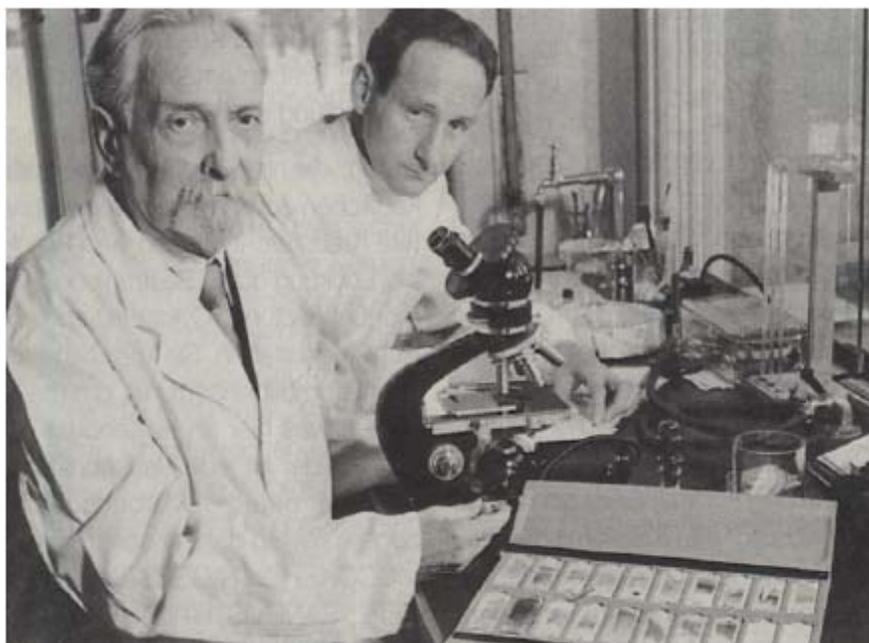


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# **The Use of the „Great SANUM Metabolism Cure“ in the Treatment of Chronic Diseases and Especially of Cancer**

**by Dr. Alfred Baum, M.D.**

*This article was written by Dr. Alfred Baum some 20 years ago but is still as up to date now as it was then. At that time Dr. Baum was the leading scientist and co-owner of SANUM-Kehlbeck. The following illustration shows Dr. Baum (on the right) working with Prof. Enderlein (left) on blood analyses. (Ed.)*



*Prof. Enderlein and Dr. Baum, M.D., working on blood analyses*

The basic principles of Prof. Dr. G. Enderlein, Dr. Dr. P. G. Seeger and Prof. Dr. F. Douwes have been incorporated into this article because of their universal validity and insight.

Even naturopathy can point to hardly any successes over the past 100 years in tackling chronic diseases, and cancer in particular. The reasons for this are

1. the continuing considerable lack of knowledge of the role of microorganisms in the processes of life and
2. faulty diet, in particular the

incorrect assessment of the damaging effect of high-protein diets on the metabolism.

Today, we know that the mitochondria in the cells are immigrant plant microorganisms which manage the breakdown of nutritional elements by forming ferments.

Measurements have shown that in a middle-aged person doing hard physical work 40g of protein are broken down in 24 hours. Today in the Federal Republic of Germany, on average many times that amount of protein is consumed per head of population without any physical work being done. The physician and chemist Koch considers that a protein consumption level of 10 - 20 g per 24 hours is sufficient.

According to Seeger, the breakdown of basic foodstuffs still continues today in the two-phase mechanism of fermentation and respiration.

The older form of energy extraction is fermentation, during which building materials for growth and the reproduction of cells are also formed. The respiratory metabolism maintains tissue cells at a constant level and extracts much more energy by using oxygen.

If the healthy metabolism is adversely affected by living conditions which are contrary to nature, the microorganisms are able to revert at any time to the fermentation metabolism.

**What we call cancer is the cell fermenting and reproducing, uncontrolled by the corporate centre of the higher organism.**

Thus, tumours are parts of ourselves, in effect having grown up with us as our evolutionary neighbours. As a result, when cancer tumours appear, there is a very weak reaction from the connective tissue. A tumour will only set itself apart from healthy tissue very slowly, if the symbiotic balance of the host is restored; it can also gain in size, but can then be easily removed - without a "radical operation into the healthy tissue" being necessary - whereupon haemostasis may possibly be necessary.

Transition to respiratory metabolism has also been described where tumours already exist.

Cancer develops as a result of fermentation metabolism, which has been forced on the body by microorganisms. This goes back in time to the archetypal life form and is therefore part of the history of



human evolution. Because this fact was not taken into consideration, learning was led on from one error to the next.

**1. Immune therapy:** In cancer, there is no antigen-antibody reaction in the serological sense. BCG treatment can speed up the growth of tumours. The book "Immungeschehen und Krebs" ["Immunity and cancer"] by Dr. P.G. Seeger (1) describes the reaction of the connective tissue in experimental cancerous infections. This has nothing to do with "tumour immunology": scientists do not yet know what they mean by this term. There is considerable linguistic confusion.

**2. Hormone therapy:** In observations of 5,000 women, it was discovered that only those patients whose blood androgen level was reduced by 50% or more developed breast cancer. This was the flash of light that revealed a symbiotic disorder, for even hormones are created with the help of microorganisms. A few injections of MUCOKEHL would have restored the balance. Instead breast cancer is treated with male sex hormones, which leads to the masculinisation of the woman; after a short period of success at the start, the acceleration of the cancer's terrible ruin begins.

**3. Radiation therapy:** At present, only someone suffering from skin cancer can be cured by this form of treatment. The assertion that cancer cells are more sensitive to radiation than normal cells is wishful thinking. On the occasion of the 1980 Cancer Congress in Munich,

biologists working with radiation warned against mammography being carried out too frequently (at 2-year intervals) because this could cause cancer.

**4. Chemotherapy:** This involves the whole body. The cytotoxic (cell-poisoning) effect is borne out by the falling out of the hair, ulceration of the mouth, food pipes and skin, shrinkage of the bone marrow. An early death follows the fundamental destruction of the metabolism.

**5. Operations:** The least dangerous method of cancer treatment. However, cases are known where an operation has accelerated the development of breast cancer. In certain circumstances, surgical mutilation can be avoided. The number of successes is often not increased by radical invasive procedures. Operations are however necessary, where there are vital indications and often at the end of the cancer treatment, when it is necessary to remove a tumour.

From this summary, it can be seen that tumour treatment as practised by conventional medicine is worse than the cancer itself. It is absurd to try to treat cancer with the same noxa as have been identified as causes of carcinoma: radiation, chemicals, hormones.

The aim of a healing cure is to restore the fermentation metabolism of cancer patients to a respiration metabolism.

For this to happen,

1. the microorganisms, which in human terms are degenerative

have to be replaced, and  
2. the opportunity has to be created for all wrongly compounded proteins, which are laid down in the organism to be burnt up, by depriving the body of protein nutrients over a period of 3 - 6 weeks.

The following recommendation is only an outline plan that may be modified at any time. Every cancer - like its host - is a unique apparition that will never be repeated. For that reason, we are not safe from surprises.

**Difficulties:** If a cancer patient stares into space during a cure consultation or argues against it, saying that his GP has said that you can't live without protein, the family's advice was that he would get even weaker if he went on a "hunger cure", Professor X does not want him to be subjected to "unnecessary torture", then we do not need to begin treatment. The psyche is tarnished by the cancer: a cancer mentality is incompatible with healing!

As a result of the fear of cancer, which has been propagated around the world with the help of some of the magazines that one can buy, many patients cannot resist the enticement of radiation treatment, hormone treatment or cytostatic therapy. They then come to naturopathic treatment just to see what sort of things are on offer here. Unfortunately, people like this who have undergone treatment previously, have had their ability to react wrung out of them, so that our remedies such as MUCOKEHL, NIGERSAN, NOTAKEHL, SA-



NUVIS, UTILIN, UTILIN "S", RECARCIN, LATENSIN, etc., fizzle out with no effect (but a few months ago, there were reports of successful treatment despite the previous use of cytostatica).

A further difficulty in the treatment of cancer lies in the occurrence of focal reactions within the first 8 days. Very weak patients get headaches, latent diabetics frequently suffer from stomach cramps, etc. Then, one must prescribe a bowl of vegetable soup, porridge or thin broth. The pains disappear immediately. In the case of dizziness and shakiness, recommend a cup of tea or coffee with a teaspoon of honey or glucose respectively. Blood sugar and calcium levels may drop, in which case the balance can be restored by giving frubiase® calcium and multi-vitamin drops.

The waste products of combustion have to be excreted via the skin, bronchiae, etc. (if necessary, prescribe a cleansing enema twice a week). Therefore, in only a very small number of cases should the patient not follow a soft soap cure of the arms and legs with oil and acidification, since as a rule, cancer patients and diabetics have dry skin and damage to the kidneys. Use kidney remedies. Pay attention to excretion via the intestine. Often, it is enough just to give 1 teaspoonful of magnesium sulphate in a glass of warm water, first daily, then twice a week. Let the necessary pain control be as gentle as possible. Choose remedies according to how things are.

The patient should also not be left

to fend for himself as regards his mental state. As in all cures, periods of depression (the well-known "healing reactions") can occur during isopathic treatment of the metabolism. All these phenomena are part of the healing process and have nothing to do with the "undesirable side-effects" of chemotherapy. The course of events taken by the disease are therefore necessary stages on the way towards regulation. This causes aches and pains. One can, however, only fight and suffer for good health, not obtain it by fraud or wangle it in some way. The actual disease is a stealthily proceeding symbiotic shift of which one is hardly aware and which at most makes itself known in the form of weakness of performance and changes of mood. At the same time, poisonous intermediate products from the metabolism with a high redox potential appear in the blood: these cannot be processed by the normal energy metabolism.

#### **Soft soap cure to promote excretion**

A "soft soap cure" is often recommended to patients, to be carried out at home in association with SANUM therapy; this has a particularly stimulating effect and thus, also supports the necessary excretion. To carry it out correctly, the order of the individual stages is shown here over a period of 6 days. The upper and lower extremities are massaged one after the other in a clockwise direction, as follows, using soft soap (Sapo kalinus), very dilute vinegar and safflower oil:

Day 1: Massage the right arm with soft soap, wrap a cloth round it and

leave the arm so for at least 2 hours. Even better, leave the wrapping on overnight. If there is any reaction, remove it. Then rinse off thoroughly using only water.

Day 2: Massage the left arm in the same way, at the same time massaging the right arm with very dilute vinegar in order to "acidify" it.

Day 3: Massage the left leg with soft soap. Massage the left arm with very dilute vinegar. Massage the right arm with safflower oil.

Day 4: Massage the right leg with soft soap. Massage the left leg with very dilute vinegar. Massage the left arm with safflower oil.

Day 5: Massage the right leg with very dilute vinegar. Massage the left leg with safflower oil.

Day 6: Massage the right leg with safflower oil.

This cure can be repeated at intervals of one to four weeks. Take care that at the same time, there is good excretion via the kidneys.

#### **The SANUM healing cure in chronic diseases**

The parasitic microbes must be replaced by symbiotic microorganisms. This is done by injecting 1.0 ml MUCOKEHL 6X + 2.0 ml SANUVIS as a mixed injection about every 5 days, alternating with 1.0 ml NIGERSAN 6X + 2.0 ml CITROKEHL and, if necessary, 1.0 ml NOTAKEHL 6X + 2.0 ml SANUVIS. From the fourth week onwards, an injection of alternately UTILIN, UTILIN "S" or LATENSIN should be given every 4 weeks.



Start with "weak" and end with "strong".

This would be the standard treatment, which may be modified in each individual case. At the same time, geophysical interference must be excluded. The famous "water vein" is not a ghost from superstition but has an effect like that of a cosmic power on endosymbiotic animal and plant microorganisms.

### **Which remedy for which form of cancer?**

Urogenital cancers react particularly well to NIGERSAN, stomach cancers to MUCOKEHL; NO-TAKEHL should always be used for cancers of the prostate. At the start, they should be used cautiously, testing out the remedy. The patient's previous history and constitutional type gives excellent pointers (scrofulous, lymphatic, haematogenous). The impact and repercussions of isopathic remedies are based on non-violent reconstruction processes with the cells and the blood. Therefore - as I have already said - all fermenting poisons prevent any healing from taking place.

In cancerous illnesses, which are progressing swiftly, as well as treating the patient with SANUVIS and CITROKEHL, a liver remedy (e.g. Extract. Hepatis Pflüger) and the appropriate organ's own remedies (Heel) should be mixed with these, e.g. Hypothalamus suis Injeel with Cysteine Injeel for brain tumours, Ovarium Injeel for cancer of the pregnancy organs, etc. - not forgetting the catalysts! If problems should occur in the standard treatment, it is advisable to administer one ampoule each of Ubichinon

comp. + Co-enzyme comp. once a week.

This treatment alone would only work well for 3 months, if the excess of tumour protein could not be broken down by means of a protein-free diet together with 2x 2 hours per day of light physical activity. Therefore, the course of healing treatment includes a diet - and that is a *conditio sine qua non!*

### **The diet**

A cancer-inhibiting effect or protection from cancer is known to be found particularly in those foodstuffs, which stimulate the oxidative metabolic processes of the intestine: various types of vegetables, including cabbage, kohlrabi, horseradish, spinach, beetroot and carrots. A diet rich in roughage (plant fibres) accelerates the passage of the food through the intestine, and as a result the concentration of carcinogens and their contact time with the wall of the intestine is limited.

More recent studies have shown a close connection between a fatty diet and breast or colon cancer. The level of the female hormone prolactin in the blood is particularly high when a woman eats a fatty diet, and this is also the case with breast cancer.

Along with a change of diet and reduction in the amount of food, in this case a course of nutritional treatment using evening primrose oil (BIOFRID PLUS capsules) is needed. The gammalinolenic acid contained in it stimulates the formation of the body's own prostaglandin E1. It also works in

opposition to the prolactin, reducing its effects.

In addition, it stimulates the immune defences of the cells, kills some of the degenerate cancer cells and partly reverses the malignant process (8).

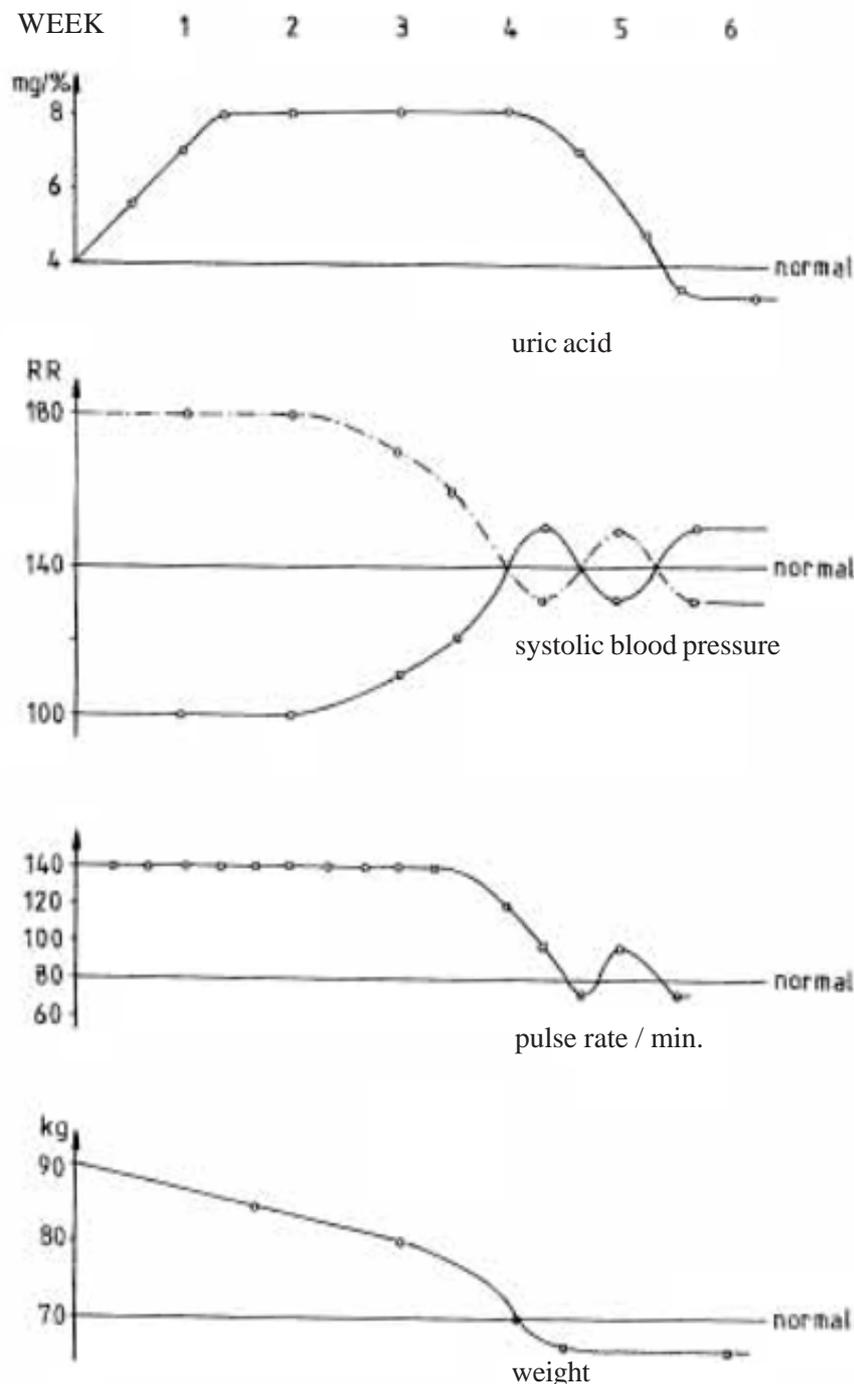
From experiments on animals, there is undisputed proof that a calorie- and protein-reduced diet can have a limiting effect on the formation of tumours as well as on the growth of cancers which are already present. It has even been estimated that by taking the appropriate nutritional measures, the risk of stomach and colon cancer could be reduced by 90% and cancer of the endometrium, gall bladder, pancreas and breast each by 50 % (9).

The aim is clear: the fermentation metabolic process must be eliminated and protein materials which are foreign to the body must be combusted. This will only work if - as I have said many times already - protein in the diet is completely eliminated for a period. But the protein molecules are only burnt up, if at the same time a "carbohydrate fire" is maintained. If the "protein fire" threatens to go out, we give bouillon.

For the "carbohydrate fire", one should use Biotta Breuss juice (made by Biotta) and drink half to one litre of pressed vegetable juice each day over a period of twenty four hours. It consists of a mixture of beetroot (3/5), carrot (1/5), celery (1/5) and a trace of radish and potato juice, enriched with pasteurised whey. Along with the "Breuss juice", 2 cups of vegetable

## The Great Metabolism Cure

according to Dr. Baum, M.D.



The diagram shows the progression of the uric acid level in the blood, the systolic blood pressure, the pulse and the weight during the Great SANUM Metabolism Cure

soup a day are prescribed, together with 2 litres of fluid in the form of low-mineral water and various herb teas (sage, geranium, horsetail, stinging nettle, St. John's wort, etc.).

This more than fulfils all expectations. If the patient shows signs of weakness and tiredness, we can turn to Mr Schroth's formula: small amounts of white wine are com-

busted immediately and provide the energy required for physical activity. This keeps the metabolic process going and the false cycle of tiredness / metabolic sluggishness / tiredness is interrupted.

This re-kindles the fire that once threatened to go out. After a few days of this cure, the level of uric acid in the blood rises to about twice the starting level, remains high until the 5th or 6th week and then drops to normal levels. Then, one must bring up to 20 to 30 g of protein into the diet. Likewise, if normal uric acid levels are achieved sooner, or if there is oedema of the feet. This alone is a clue to the fact that there is no more protein present which still has to be broken down.

The reaction of the tumours should be observed without any fuss. If there is pain or if the tumour becomes enlarged after the cure, it is advisable to remove it by surgical means: skin defects are easily concealed with transplants.

Any operation should therefore take place not at the start but at the end of the cure! The tumour is a clue to the diagnosis and shows for example, that an obstinate mycosis or a symbiotic hold-up has to be removed. One does not need to use the great Biotta cure immediately with every 2 cm breast tumour. Rubbing 4 drops of SANKOMBI 5X into the elbow on the tumour side each day, keeping the level of protein in the food at 20g and physical activity are often enough to cause a breast tumour to disappear. One should prescribe one dessertspoonful of SANUVIS to be taken internally each day. The



skin must however be capable of absorbing it, which is not always the case in the elbow and groin. The treatment of the cancer must therefore be staggered from a simple treatment of rubbing in a remedy to the great Biotta cure with injections. Often there are a number of reasons why treatment is not possible at home. We should therefore look for recovery centres in rural areas, where patients can be monitored, given mental support and treated appropriately. Here, there would be work in the fresh air and the possibility of going for walks. This would also create an opposite pole to the sanatoria for the dying which living patients do not often leave. In the "shrouds of the cities" - to use a phrase coined by Nietzsche - people have a will to do nothing rather than a will to live.

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