



LUFFASAN Tablets

A Homeopathic Excretion Remedy from SANUM-Kehlbeck



LUFFASAN is a homeopathic preparation (4X) from the ripe, dried fruits of *Luffa operculata* (loofah), a type of gourd (see illustration).

The homeopathic remedy indications of loofah include: hay fever, colds, weakness of the digestive system.

In the native medicine of Brazil loofah is used as a universal remedy for constipation, oedemas and also tumours.

It is characteristic that the problems which call for loofah can be improved by an increase in the flow of urine.

Thus when using LUFFASAN it is always necessary to take into account the relationship of this preparation to the function of the kidneys and to the kidney and bladder meridian ascribed to it. Therefore it is important during

excretion therapy to drink large quantities of good water.

According to traditional Chinese Medicine, the kidneys store up the life energy, which is inherited from one's parents („prenatal chi“). The kidneys control the process of development and growth of bones in the child as well as the onset of maturity. The kidneys take in the chi carried down by the lungs and provide the body with warmth. If the energy of the kidneys is disturbed problems in development and reproduction arise as well as susceptibility to colds and flu, and a chronic cough. LUFFASAN is therefore used to support the elimination of congestion of kidney energy.

The preparation is an excretion remedy which complements classic SANUM therapy very well. Above all it is used to treat congestion caused by inflammation. The target organs are the

mucous membranes of the nose, the sinuses, pharynx, stomach and bowel. Homeopathic preparations made from loofah have been well tried and tested in homeopathy over a long period in cases of headache, streaming or congested cold, allergic rhinitis, sinusitis, hay fever, atrophic rhinitis, stomatitis, pharyngitis and gastro-enteritis.

In acute cases one tablet is to be taken every half an hour to one hour, to a maximum of 12 doses in 24 hours. For chronic conditions the dosage is one tablet once to three times daily.

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