



---

# **The isopathic principle**

## **Testing medicines using a darkfield microscope**

*by*  
***Dr. Thomas Rau***



*In this paper Dr. Rau once again explains the possibility of checking the effect of isopathic medicines using a darkfield microscopic image of vital blood. This method of testing has already been used by Professor Enderlein as an important instrument in developing the SANUM products.*

In darkfield microscopy, if, a few minutes to one hour after taking a blood sample, one drop of an isopathic medicine is carefully added to the prepared sample, a massive reduction in the high and medium valencies can be observed, provided the right isopathic SANUM medicine has been chosen.

The following different phenomena are frequently observed:

- cells „lose“ their luminous, thick cell walls, individual cells turn into „shadow cells“ with just the thinnest of cell walls remaining, as thecites the size of erythrocytes.  
It is thought that this is because the endobiotic middle valencies on the cell walls are reduced by the chondrites or spermites of the isopathic products, causing a copulative valency reduction.
- High valencies such as chondrites, bacteria phases or even ascites are broken down and a very large number of low valencies occurs e.g. macrosymprotites.
- If one then simply leaves the sample to stand, over the course of several hours, or up to one

day, high valencies develop again, but in a great variety and many forms, often as bizarre high valency images, with very many different high to low valencies. This is an image which otherwise, without the administration of isopathic agents, one sees only occasionally in highly reactive patients, after long-lasting SANUM therapy or in children with inflammatory conditions.

- In my view and on the basis of Enderlein's explanation, these two phenomena are the expression of the great endobiotic regulatory effectiveness of the deep valencies contained in the isopathic agent. They are therefore quite rightly called „regulators“.

First of all they diminish the high valencies through reduction or copulation and form a gigantic number of the lowest valencies, in other words a plethoric situation, which one would have to eliminate from a living patient and maintain them at low valency with alkali and mineral therapy. That is why it is so very important for the isopathy to be accompanied by orthomolecular and alkaline therapy!

In the darkfield preparation this accompanying environmental therapy naturally does not take place, so that the endobiotic low valencies formed increase again in the pathological, anaerobic and over-alkaline, haemolytic environmental situation of the prepared sample. However, if they do not encounter any blockades, they also

develop in an extremely wide variety of forms.

The darkfield test with isopathic remedies is a very valuable test to check how far the patient's blood can be regulated and how much the environment can change. It can also provide indications of other regulatory blockades such as dental focus toxins or heavy metals, since there too no different high valencies are developed, but a strikingly high number of mono-forms such as, for example, typically mychites (bacteria phases) in the presence of root toxins (teeth with root fillings and mesenchymal toxin leaching).

*Author's address:*

*Dr. Thomas Rau  
Medical Director  
Paracelsus Clinic Lustmühle  
Centre for Holistic and Dental Medicine  
CH-9062 Lustmühle bei St.Gallen*

*First published in the German language in the SANUM-POST magazine (53/2000)*

*© Copyright 2000, Semmelweis-Institut  
27318 Hoya, Germany  
All Rights Reserved*