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**From the practice for the practice**

**Examples of treatment with SANUM remedies**

**Chronic pancreatitis  
(Pancreopathy)**

**by**

**Dr. Konrad Werthmann, Austria**



The pancreas plays a major part in the interaction between all the metabolic organs. In particular with advancing age, it requires very careful handling, to which a sensible lifestyle and good nutrition can make a great contribution. In the face of today's manifold stress factors, a weakness of the pancreas is far more common than is generally thought. The pancreas and the liver work very closely together and each affects the other. Therefore liver damage – such as that caused for example by alcohol – often also has a detrimental effect on the pancreas. Discomfort in the upper abdomen and a feeling of satiety are frequently a clear sign of such disorders. Chronic inflammation of the pancreas, pancreatitis, absolutely must be treated. This chronic inflammation usually precedes a continuous and often unnoticed strain on the liver and pancreas, also often leading to the exhaustion of these organs. However, chronic pancreatitis is very receptive to biological treatment.

**Recommended therapy  
by Dr. K. Werthmann**

Therapy for chronic pancreatitis requires the cleansing of the intestinal environment. Alkalinization is advisable (take a spoonful measure of ALKALAN daily in warm water). We also recommend Werthmann's diet and the Hay system of separating

acid and alkaline foods. Gas-forming and fatty foods must be avoided. Any disturbance fields must also be dealt with. The following medicines are recommended:

**EXMYKEHL 3X** suppositories  
(1 – 2 suppositories rectally every day for 10 days) then

**FORTAKEHL 5X** tablets  
(one a day taken for 10 days) then

**SANKOMBI 5X** drops  
(10 drops taken internally once or twice a day for 10 days) plus

**SELENOKEHL** drops  
(10 drops per day taken internally in the morning) and

**ZINOKEHL** drops  
(10 drops per day taken internally in the evening),

**SANUKEHL MYC 6X** drops  
(10 drops per day taken internally, no other preparation taken on that day)

**UTILIN 6X** capsules alternating with **LATENSIN 6X** capsules (one capsule a week on Mondays and the other capsule on Fridays)

As an enzyme substitute we recommend taking Pansekrel Pascoe. In addition Carbo vegetabilis Injeel (from Heel, as fluid ampoules) and Leptandra compositum (Heel), 10 drops twice a day, may be given. The use of traditional naturopathic treatments

such as poultices (for example a 'Priessnitz' pack) may help the healing process.

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