



SANUM therapy with foundation remedies

The practical use of the regulators MUCOKEHL and NIGERSAN

by

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Introduction

As I explained in SANUM-Post No. 47, in most cases, it is advantageous to begin a SANUM therapy with preparations for the milieu and a stimulative therapy, in order to guarantee that the remedies used later actually have the best effect. If you have a darkfield microscope, you can check the state of the patient's milieu.

The next stage of the therapy is the use of isopathic fungal remedies, the so-called regulators. These should regulate the endobiontic load in the whole organism caused by a pathological change of the endobiont: that is, leading it back to a non-pathogenic state. These remedies should not be confused with the remedies which are used in cases of fungi in the intestines such as *Candida albicans* and others, which I shall be talking about in a later article. According to Professor Enderlein, most civilisation illnesses which we see nowadays are caused by a pathogenic increase in the valency of the endobiont *Mucor racemosus Fresen* and another primal symbiont, *Aspergillus niger van Tieghem*.

The two SANUM remedies which are used for the cleansing of the *Endobiont* and *Aspergillus niger* are MUCOKEHL and NIGERSAN. Professor Enderlein already developed both remedies under the names *Endobiont Chonditin* and *Pliogen Chonditin*. They are the backbone and foundation of every SANUM therapy and can be used together or separately according to the type and focus of the symptoms.

One interesting topic in this connection is the prophylaxis of malaria with MUCOKEHL and the treatment of borreliosis with MUCOKEHL and NOTAKEHL, about which I can not go into in more detail here.

The use of the remedies in the practice

The SANUM remedies MUCOKEHL and NIGERSAN are available nowadays in a wide range of application forms: ampoules, drops, tablets, capsules, suppositories and in the case of MUCOKEHL, ointment and special eyedrops. It is my principle to introduce the remedy as close as possible to the affected area, and based on this I choose the most suitable form of application for each patient. So,

for example, if I have a case of hypertonia or general symptoms of congestion such as circulatory disorders, I prefer to inject MUCOKEHL intravenously, but if I have to deal with an open wound in the leg, I work directly on that spot - except when prescribing general measures such as change of diet. When capsules are used, I do not allow these to be swallowed completely, as usual (unless the remedy is being used to treat problems in the bowel or stomach): instead the patient should open them and tip out the contents under the tongue or into the throat to be absorbed, in a similar way to that in which normally homeopathic remedies are taken. This avoids problems of absorption in the digestive tract which can interfere with or hinder the proper effect of the remedy.

Here I should just like to point out that MUCOKEHL should not be given at the same time as NOTAKEHL, another SANUM remedy which I shall be talking about in the next SANUM-Post, as these two remedies interfere with each other's effects or in certain circumstances even neutralise each other.



When MUCOKEHL and NIGERSAN are used together, there is a further opportunity of using the SANUM remedy SANKOMBI. It is a combined preparation of *Mucor racemosus* and *Aspergillus niger*, only available in liquid form. SANKOMBI is a very interesting remedy, for example in patients suffering from hypertonia.

Examples of the practical use of MUCOKEHL and NIGERSAN

Case in practice:

Female patient (73 years old, height 1.56 m, weight 80 kg).

Anamnesis:

Faulty heart valve, bronchitis, condition after slight apoplectic stroke, relatively good general health, adipose.

Darkfield:

average endobiosis.

Therapy:

mixed injection of MUCOKEHL 5X and NIGERSAN 6X (1 injection i.v. each week for ten weeks). Possibly supplemented with *Crataegus Cor Wala* or *Cralonin Heel*.

Wala and *Heel* preparations are

Characteristics of the remedies MUCOKEHL and NIGERSAN	
Generic term for the disease: endobiosis (stoppage)	
Type (according to Dr Rau)	"Stopped up" person (congested type), stout in body (too much animal protein in diet), dynamic, liverish.
Diseases	Everything to do with blood and the circulatory system: circulatory disorders, hypertonia, anaemia, thromboses, embolisms, heart attack, TIA, apoplexy, vein problems, varicose veins, haemorrhoids, all wounds, haemorrhagic diathesis, <i>ulcus cruris</i> , <i>ulcus duodeni / ventriculi</i> , acute hearing loss, tinnitus, glaucoma, myomae*, thyroid diseases etc.
Aim of therapy	To relieve blockage.
SANUM remedy	MUCOKEHL.
Generic term for the disease: tuberculinic constitution	
Type (according to Dr Rau)	"Degenerative type" (slim, fine bones, asthenic, sensitive, direct).
Diseases	Paratuberculosis, diseases of the lungs, bronchitis, asthma, arthroses, rheumatism, spondylitis ankylosans, diseases of the bones, cysts, warts, diseases of the lymph nodes, Lupus erythematodes, diseases of the genito-urinary tract and the reproductive glands (ovaries, uterus, prostate), endometriosis, chronic pancreatitis, multiple sclerosis, skin problems, acne, eczema, inflammations of the eye*, Otitis media, benign and malignant tumours*.
Aim of therapy	Excretion.
SANUM therapy	NIGERSAN.
* In all these cases use MUCOKEHL and NIGERSAN together.	

very good for supplementing SANUM therapy.

Thereafter: darkfield checks and if necessary continuation of treatment in the same or a different form.

If you do not work with injections, look each time for a different form of application which is suitable, for example tablets or drops.

Therapy plan for *Ulcus cruris*

(Also in cases where Diabetes mellitus is present)

SANUM remedies

- Injection therapy
MUCOKEHL and
SANUVIS + Procain

(1 ampoule once a week for ten weeks, injected i.c. around the open areas; possibly also in the open areas!); in between, 1x weekly, alternately:
NOTAKEHL + Procain
PEFRAKEHL + Procain
QUENTAKEHL + Procain;
apply MUCOKEHL ointment.

2. Without injections

MUCOKEHL drops,
NOTAKEHL drops,
PEFRAKEHL drops
(drip into the open areas, alternating daily);
SANKOMBI (5 drops to be inserted daily into each nostril); apply MUCOKEHL ointment.



Supplementary remedies/ methods

- Blood sugar test!
- Rescue salve / Traumeel-S salve (alternating daily).
- Tea tree hydrolate (dab onto open areas).
- Quark bandage.
- Honey (the runny type) trickled onto the open areas.

General measures

- Change of diet (basic diet predominantly with no animal protein).
- Weight reduction,
- Cleansing of the bowel,
- Excretion of heavy metals,
- Cleansing of the teeth.

As a relatively large number of people suffer from disorders of the stomach and bowel, the effect of a remedy which is being taken orally depends on many eventualities. Taking the remedy by insertion into the nostrils has therefore proved very successful in practice. To do this, you put a few drops of the remedy onto the

back of your hand and then sniff it up into your nose. Absorption takes place very quickly through the nasal mucous membrane which (as is well known) has a direct link with the brain. This means that the effect is central, fast and safe (the exception: stomach and bowel problems where it is sensible to take remedies orally).

The therapy plan given above is only a suggestion, and of course it should not be understood as meaning that in every case all these measures should be carried out at the same time. From experience we know that to achieve complete healing it is frequently sufficient just to give the injection s.c. of one ampoule each of MUCOKEHL and Procain for approximately ten weeks! The plan is only supposed to demonstrate the many possibilities in severe cases, and in addition you can and should of course use everything that your repertoire and your duty of care allow.

Case in practice:

Female patient (33 years old)
Diagnosis: ovarian cysts

Therapy:
UTILIN 4X, RECARCIN, LATENSIN 4X (1 capsule twice weekly, alternately) NIGERSAN and other SANUM suppositories (1 suppository daily, alternating).

In addition:

Cantharide plaster over the symphysis; neural therapy, Horvi remedies (ask for a therapy plan!)

Thereafter:

Possibly continue or repeat in the same or a different form.

Case in practice:

Male patient (69 years old)
Diagnosis: Adenoma of the prostate

Therapy:

UTILIN 4X, RECARCIN, LATENSIN 4X (1 capsule twice weekly, alternately) NIGERSAN, MUCOKEHL, NOTAKEHL, PEFRAKEHL, EXMYKEHL (1 suppository daily, alternating)

In addition:

Cantharide plaster over the symphysis; neural therapy, Horvi remedies (ask for a therapy plan!)

Thereafter:

Possibly continue or repeat in the same or a different form over a longer period of time.

Therapy plan for chronic sinusitis

Therapy:

UTILIN 4X, RECARCIN, LATENSIN 4X (1 capsule twice weekly, alternately)
NIGERSAN, SANKOMBI



(10 drops daily inserted into the nose)

In addition:

Heel Autosanguis with Traumeel, Mucosa comp. Lymphomyosot, sinusitis nosode (twice weekly according to prescription); auto-haemotherapy with colibiogen or colibiogen drops; nose reflex therapy as described by Dr Kracke; revitalisation of the bowel (the sinuses and teeth are a preferred location for displacements of toxins from the bowel!).

According to Dr Rau:

NOTAKEHL, Traumeel, Mucosa comp. made up to 10 ml with NaCl (patient lying down, head somewhat lower, inject 5 ml in each nostril without using needle).

After 5 to 10 minutes; SANKOMBI, FORMASAN, Coenzyme comp. Heel (patient lying down, head somewhat lower, inject 5 ml in each nostril without using needle).

The use of SANUVIS and CITROKEHL

If a local effect of the remedies MUCOKEHL and NIGERSAN is desired, there is the possibility of achieving this with a specialised complementary remedy. These complementary remedies are (for MUCOKEHL) SANUVIS and (for NIGERSAN) CITROKEHL.

These are remedies are potency accords: SANUVIS of L-lactic acid and CITROKEHL of citric acid. With these two remedies it is possible when giving an injection, for example, to influence the milieu for the fungal remedy MUCOKEHL or NIGERSAN in such a way that the local effect is strengthened. In addition the remedies SANUVIS and CITROKEHL can of course be used in other indications in the form of drops (c.f. SANUM repertory).

Therapy plan for migraine

Therapy:

UTILIN 4X, RECARCIN, LATENSIN 4X (1 capsule twice weekly, alternately); MUCOKEHL + SANUVIS, Traumeel S, Procain or Lidocain (inject with the needle flat under the skin at all migraine points on the face and all trigger points on the head).

In addition:

Testing and treatment of cervical vertebrae, liver/gallbladder and abdomen, revitalisation of the bowel.

In the practice it has been proven beneficial always to treat migraine patients if their aura signals an attack, even including late in the evening or at weekends. By doing this, the attacks occur in shorter and shorter intervals, become

increasingly weaker and eventually disappear altogether.

Therapy plan for tinnitus

(As a rule success is achieved only within a short time after recurrence!)

Therapy:

UTILIN 4X, RECARCIN, LATENSIN 4X (1 capsule twice weekly, alternately); put cantharide plaster or salve behind the ear.

After 24 hours:

test to see if there has been any change in the noise; if a blister has formed, inject the content of the blister with Colibiogen i.m.

Inject MUCOKEHL + SANUVIS, Procain with the needle flat under the skin on the mastoid, behind and in front of the ear. Massage SANKOMBI onto the mastoid twice daily.

General basics for SANUM therapy

- Where available, always begin with the lowest strength, e.g. 7X. Wait for a reaction; when it has worn off or if nothing happens, go up to 6X and later to 5X.

Reactions can be: mild, short-lived rise in temperature, headaches, dizziness, previous symptoms becoming stronger



or weaker, new symptoms or even focal reactions.

- Never try to treat a reaction!
- Take into account the patient's constitution, age and state of health. In doubtful cases begin carefully and increase slowly. If you put a strain on the organism, it will cause strong reactions or stiffness which in turn will cause new problems.
- Activate the ways in which excretion takes place: sweat baths, physical activity, sauna, herbal tea for the kidneys and bladder, liver tea, wrapping of the liver, enemas, colonic irrigation therapy.
- Give the body (patient) time, especially in chronic illnesses.
- Always work non-specifically, i.e. always use different remedies and keep changing

them. Never use one and the same remedy for weeks or months at a time.

Summary

With the SANUM remedies MUCOKEHL and NIGERSAN, and after first preparing the milieu and then giving stimulation therapy, you have a broad area of application in which you can work very successfully with very few remedies. At the very start of your work with SANUM remedies it is advisable to concentrate mainly on these two remedies, in order to gain practical experiences with them. You will never go wrong, specifically with MUCOKEHL, no matter whether you are dealing with an infection in a child (in this case use it together with NIGERSAN) or one of the illnesses described above. When the blood plays a role and an endobiosis is suspected, MUCOKEHL is always the remedy of choice. It is therefore

the central remedy in SANUM therapy.

Next article: the foundation remedies NOTAKEHL, QUENTA-KEHL, PEFRAKEHL and their practical application.

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