



Treating rheumatoid arthritis with haptenes

Experiences with *Propionibacterium acnes*

by
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Rheumatoid arthritis is an inflammatory systemic disease of the connective tissue which mainly attacks the organs involved in movement. Its aetiology and pathogenesis is mainly unexplained: progressing in phases, it causes inflammatory and destructive changes to the limbs and the structures in the vicinity of the limbs, leading to pain, swelling and finally malformations. As a consequence of this there is generally an extensive loss of function of the locomotor system. The disease is widespread and affects women more frequently than men.

For a start, a change of diet
In order to be able to counter and treat this condition it is necessary to treat the primary area of interference which occurs in life, a diseased intestinal cell-milieu system, with a strict, long-term diet which excludes products made from cow's milk and hens' eggs, thus reducing the amount of protein consumed and also reducing the antigenicity of the food. This is successful only if the enteral mucosa is restored and the production of IgA is increased. In addition to the diet, the high valencies encouraged by the acid and protein should be

treated with isopathic remedies (see table). The second area of interference is mostly found in the teeth (root treatments, dental granuloma, exposure to amalgam) which should be liberally cleaned up. Only then can the individual immune systems recover from the sources of irritation.

The secondary areas of interference are best and most easily verified using electroacupuncture according to Voll (EAV) or thermoregulation according to Rost. If one can master these diagnostic aids they are extremely secure in their ability to

Diet:

Excluding products made with cow's milk and hens' eggs (Werthmann)

Isopathy:

FORTAKEHL 5X:	1 tablet twice daily for a period of three weeks; then
MUCOKEHL 5X:	2 tablets once in the morning and
NIGERSAN 5X:	two tablets once in the evening over a period of several months (!)
REBAS 4X:	1 capsule twice daily and
ALKALA N powder:	1 teaspoonful in hot water twice.
SANUKEHL ACNE 6X Drops:	10 to 20 drops twice daily
UTILIN 6X capsules:	1 capsule once a week alternating with
LATENSIN 6X capsules:	1 capsule once a week together with minerals
(SELENOKEHL, ZINKOKEHL, Magnesium phosphoricum 6X glob.)	

Table: Basic course of therapy



provide an explanation. It is interesting that patients, particularly the female patients, react vehemently against any tooth extractions and then are totally astounded that after the extraction the mobility of their limbs improves spontaneously and within only a short time.

It is of interest that not every patient has experiences like these and in fact some patients present with a blockade. Although these patients hold strictly to their diet and the isopathic therapy, the pain remains. In such cases one sees in the darkfield microscopic examination of a drop of vital blood signs of regulation rigidity such as inactive leucocytes or unbalanced high or low valencies. Very often one sees a darkfield image which is mute and shows little in the way of reaction forms. These are however also patients in whom the immunoglobulin level (IgA/IgG) remains unchanged. Despite intensive therapy things come to a halt, and both the patient and the therapist find this frustrating.

The elimination of blockades using SANUKEHL ACNE 6X

A development of this sort may be arrested with the help of haptenes derived from Propionibacterium acnes (the remedy SANUKEHL ACNE 6X drops). The SANUKEHLs contain polysaccharides (haptenes) without a carrier protein. They initiate the intense production of antibodies which partly match the underlying diseases exactly and partly are of a more general nature. According to *Kunze* and *Hartmann* SANUKEHLs can have an anti-

inflammatory effect, as too can the haptenes from Propionibacterium acnes. Propionibacteria have a powerful immune-stimulating effect, and many inflammations occur in acne also.

Experience with 15 people aged between 20 and 52 years suffering from rheumatoid arthritis shows that blockades can be caused to regress if haptenes from Propionibacterium acnes are prescribed in the form of 6X drops alongside the basic therapy (see table). Within two to four weeks the darkfield shows a clear reduction in the blockade symptoms: in particular there is an increase in the mobility of the leucocytes. In addition the patient reports less stiffness in the affected joints and less pain. The immunoglobulin titres IgA/IgG normalise only after some two to four months. This is probably linked to the building up of the intestinal mucosa which only becomes fully functional after the recovery of the ciliated border.

SANUKEHL ACNE 6X is consistently administered to children by massaging it into the skin (5 to 10 drops twice) and to adults orally (10 to 20 drops twice). In stubborn cases an extra 2 drops are rubbed into the skin in the evening. To date no hypersensitive reactions have been observed.

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