



**The relative importance of the SANUKEHL remedies
within SANUM therapy**
Extending regulation therapy by biological methods

by

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SANUM therapy is a regulation therapy in which natural regulation is supported with remedies in order to cure a disease. Originally developed on the basis of the findings of Professor Enderlein, SANUM therapy is based today on three supporting pillars: the fungal remedies, the bacterial immune modulators and the haptens (see Table 1). The last-named group of remedies in particular has been developed only very recently. Around this therapy structure have been established seven further groups of remedies which are required for the modulation of the three central remedy groups. Because of this great change to and extension of the remedies originally developed by Professor Enderlein, regulation therapy as carried out today using SANUM remedies should no longer be put on a level with Enderlein therapy.

Within SANUM therapy the fungal remedies enable the higher, pathogenic phases of development of the endobiont to be regulated isopathically in the Enderlein meaning of the word into lower, non-pathogenic phases. The bacterial immune modulators are used for the specific and non-specific regulation of the immune system. Thus bacillus species have a very strong non-specific stimulating effect on the immune system, whilst mycobacteria and their fragments, as well as having a strong stimulating effect on the T-cell system, also enable tuberculosis to be treated specifically.

SANUKEHLs work like haptens

The SANUKEHL remedies too, in

which the active agents are polysaccharides from the cell walls of micro-organisms, can have both a non-specific and a specific effect on the immune system (see Table 2: SANUKEHL functions). These polysaccharides work like haptens: that is, because their molecules are small, they are not in themselves immunologically active, but to have an effect on the immune system they need to bond with a larger molecule, a so-called „carrier“, for example a protein.

As can be seen from Table 1, the effects of the three main groups of remedies overlap in many areas. Thus, for example, the fungal

remedies also have an immunological function, whilst the haptens have both an immunological and an isopathic component.

In many illnesses, following elimination of the pathogens, their toxins can still be present and perpetuate the disease. In addition it is possible for the toxins to be the only thing causing the illness. Pathogens form particular polysaccharides as a form of protection against their own toxins (according to *Cornelius* the so-called antigen absorbers) and these have the task of bonding the pathogen's own toxins or antigens and thus preventing them from

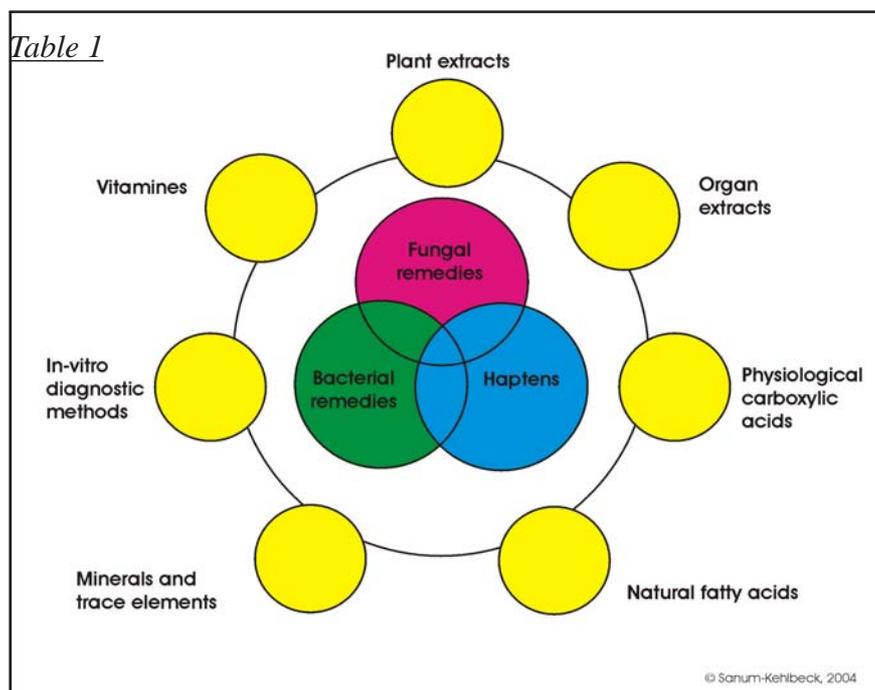


Table 2: Functions of the SANUKEHL preparations

- *Non-specific:* Stimulation of the immune system.
- *Specific:* Supplying information, bonding of bacteria toxins → formation of antigens → specific and non-specific stimulation of the immune system.



becoming active. Furthermore, viruses, bacteria, plants and animals are able with the help of sugar to store and pass on biological information. The code laid down in this language is thus capable of influencing a large number of regulation processes in the host organism.

Haptens bond toxins from bacteria

Bacterial toxins which were released during earlier infections but could not be eliminated from the body because of defective immunogenic characteristics, can be bonded by haptens and then become an antigen. This antigen is capable of stimulating the immune system by activating the T-lymphocytes, which in the end leads to elimination of the bacterial toxins. In a similar manner the prescription of SANUKEHL remedies prepared according to homeopathic methods allows the so-called „persistent immune complexes“, which have a strong negative effect on the function of the immune system and because of some inability of the immune system cannot be excreted, to be eliminated from the body.

As a result there is the possibility of using the SANUKEHL remedies as listed in Table 3 (Opportunities for using SANUKEHL remedies). At the present time twelve SANUKEHL remedies are available on the German market as drops in the homeopathic 6X potency (see Table 4: SANUKEHLs). SANUKEHL COLI is also available as an injection solution in the 7X potency.

The pre-conditions required for the proper function of the SANUKEHL remedies are the ability of the organism to regulate itself and an intact immune system. Therefore before using the SANUKEHLs it is necessary to create these pre-conditions using other SANUM remedies. Here, for example, the important remedies could include the bacterial and plant immune modulators or the fungal remedies with which the intestinal flora can be balanced or congestion removed. In this context CHRYSOCOR can remove metabolic blockades, whilst ALKALA N and SANUVIS can reproduce the acid base equilibrium.

Broad spectrum of therapeutic application

The therapeutic application of SANUKEHL remedies can be shown by a few examples:

- the specific revitalisation of the microbiological terrain illustrated by SANUKEHL CAND (see Table 5: SANUKEHL CAND);
- the stimulation of the immune system illustrated by basic „arthritis“ therapy using SANUKEHLACNE (see Table 6: SANUKEHLACNE) and the additional removal of

Table 3: Opportunities for using SANUKEHL remedies

- Specific revitalisation of the microbiological terrain;
- stimulation of the immune system and removal of blockades to reactions (e.g. caused by the so-called „persistent immune complexes“);
- hyposensitisation;
- as an intermediary in treatment with nosodes (alleviation of initial aggravation and removal of antigen blockades);
- according to the clinical picture.

Table 4:

SANUKEHL remedies = polysaccharides from micro-organisms (13 preparations)

SANUKEHL	Micro-organism	Nosode
SANUKEHL ACNE	Propionibacterium acnes	Corynebacterium anaerobius
SANUKEHL BRUCEL	Brucella melitensis	Bang
SANUKEHL CAND	Candida albicans	Monilia albicans
SANUKEHL COLI	Escherichia coli	Bac. coli
SANUKEHL KLEBS	Klebsiella pneumoniae	--
SANUKEHL MYC	Mycobacterium bovis	Tuberculinum bovis
SANUKEHL PROT	Proteus vulgaris	Bac. proteus
SANUKEHL PSEU	Pseudomonas aeruginosa	Bac. pyocyaneus
SANUKEHL SALM	Salmonella enteritidis	Bac. gärtner
SANUKEHL STAPH	Staphylococcus aureus	Staphylococcus aureus
SANUKEHL STREP	Streptococcus pyogenes	Streptococcinum
SANUKEHL TRICH	Trichophyton verrucosum	Trichophytie



Table 5: The use of SANUKEHL CAND in cases of candidamycosis (modified from the SANUM prescription book)

- *De-acidification* Regulation of mineral levels in the body, change of diet: drink 1 teaspoonful of SANUVIS diluted with water twice a day.
- *Isopathic therapy* One injection at weekly intervals of FORTAKEHL 5X alternating with PEFRAKEHL 6X and ALBICANSAN 5X.
- *Hapten therapy* After two weeks of therapy take 8 drops of SANUKEHL CAND 6X once a day.
- *Immune modulation* Once a week take 1 capsule each of LATENSIN 6X (every Wednesday) alternating with RECARCIN (each Sunday).

Table 6: SANUKEHL ACNE

Example: Basic therapy for arthritis (treatment according to Dr. Werthmann)

- Diet: without products from cow's milk and hens' eggs (Werthmann);
- Isopathy: FORTAKEHL 5X: 1 tablet twice daily for three weeks; then MUCOKEHL 5X: 2 tablets once each morning and NIGERSAN 5X: 2 tablets once each evening for a number of months.
- REBAS 4X: 1 capsule twice daily and 1 teaspoonful ALKALAN powder in hot water twice.
- SANUKEHL ACNE 6X: 10 to 20 drops twice daily.
- UTILIN 6X: 1 capsule once a week alternating with
- LATENSIN 6X: 1 capsule once a week; also
- Minerals (SELENOKEHL / ZINKOKEHL, Magnesium phosphoricum 6X Glob.).

Table 7: SANUKEHL PSEU

for the stimulation of the immune system and removal of reaction blockades

Use for

- patients undergoing radiation therapy;
- patients undergoing cytostatic therapy;
- patients undergoing long-term immune suppression: that means, in all cases of illness accompanied by leucopenia.



blockades against reactions by SANUKEHL PSEU (see Table 7: SANUKEHL PSEU);

- application according to the clinical picture illustrated by the use of SANUKEHL PROT for the treatment of infection with *Helicobacter pylori* (see Table 8: SANUKEHL PROT) and of SANUKEHL BRUCEL for the treatment of borreliosis (see Table 9: SANUKEHL BRUCEL).

These examples demonstrate that the SANUKEHL remedies are completely integrated into the

regulation therapy with SANUM remedies. As in all cases, during the therapy with SANUKEHL remedies the corresponding measures leading to excretion (e.g. excretion via the intestine with OKOUBASAN 2X) should also be taken.

To date no side effects from the SANUKEHL remedies have been reported where these remedies have been used correctly. Because there has not yet been an evaluation of the systematic use of the SANUKEHL remedies in children under the age of 12 years and in pregnant women, the German

Federal Office for Drugs and Medical Devices (BfArM) has, however, decreed that the SANUKEHL remedies should not be used for these groups of patients; therefore the responsibility for their use is left to the persons prescribing them.

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Table 8: SANUKEHL PROT

Example: treatment of *Helicobacter pylori* infection

(modified treatment plan according to Dr. Rau)

- For de-acidification take ALKALAN powder daily;
- at the same time FORTAKEHL 4X (1 capsule three times daily);
- after two weeks change to 8 drops of SANUKEHL PROT 6X each morning and 1 capsule of FORTAKEHL 4X each evening
- in addition take 1 capsule of RECARCIN every two weeks.

Table 9: SANUKEHL BRUCEL

Example: Borreliosis therapy

(modified treatment plan according to Mr Witt, practitioner of natural medicine)

- For de-acidification take ALKALAN powder daily;
- once a week an injection of NOTAKEHL 5X i.v.;
- 8 drops of SANUKEHL BRUCEL daily;
- in addition 1 capsule of LATENSIN each week alternating with RECARCIN and UTILIN S (each time begin with the 6X form of the prescription, after a few weeks you may change to 4X).