



# **The spleen - a forgotten organ?**

**Better results when the spleen is included in treatment**

**by**  
**Dr. Cornelia Arnoul and Franz Arnoul**



The spleen – located in the left upper abdomen under the diaphragm – is of great importance to the control of the various functions of our body. According to the current state of our knowledge this includes:

- blood storage;
- blood formation in foetal period, plus extramedullary blood formation in various diseases of the bone marrow
- the breaking down of the blood cells (erythrocytes, thrombocytes);
- involvement in lymphocyte and antibody formation (Thews, Mutschler and Vaupel, 1991).

However in western medicine, in both traditional and alternative therapy procedures, little attention is paid to this organ. This is evident among other things from the small number of spleen remedies offered by naturopathy. There are countless remedies for the liver, kidneys, heart, lymph etc. but to our knowledge only five remedies for treating the spleen (PINIKEHL 5X, activated fenugreek, scolopendrium, Presselin MZ, Ney Splen). Conventional wisdom has assumed that the loss of the spleen from the body can be compensated. Quotation: „Most probably the spleen is not an absolutely vital organ. Should it cease functioning, for example after surgical removal, the remaining lymphatic organs and/or the remaining reticulo-endothelial system can largely take over its function“ (Thews, Mutschler and Vaupel, 1991).

On the other hand, in Chinese medicine the spleen is very highly

rated. In addition to the above functions, it directs the distribution of body fluids in the organs and in the connective tissue; the kidneys only eliminate the waste-laden fluids. Thus the spleen is the lord of the connective tissue, whose cavities are filled with body fluid (Bach, 1996).

The connective tissue, which derives from the embryonal mesenchyma, is distributed throughout the whole body. Fatty tissue, sinews, ligaments, aponeuroses, muscle fasciae, cartilage, bones, dental cement, dentine and the parenchyma of the organs are various forms of this „biggest body organ“ (Thews, Mutschler and Vaupel, 1991).

Because of its influence on the connective tissue the spleen must be included in the treatment of all diseases caused by damage to the mesenchyma, such as arthroses, arthritis, rheumatic diseases, collagenosis, inguinal hernias, venous insufficiency, haemorrhoids etc. According to the Enderlein school these are diseases of the endobiontic and paratuberculous morphological sphere.

The use of spleen remedies is also indicated in lymph blockages and gastric and hepatic conditions, and in immune deficiency syndromes and bone marrow diseases (Bach, 1991). This also applies where there is oedema or slugging of the connective tissue.

PINIKEHL, developed by SANUM-Kehlbeck, has proven particularly useful in the treatment of the above diseases. The remedy is extracted from a tree fungus,

Formitopsis pinicola, in a similar way to Professor Enderlein's already familiar fungal remedies. In combination with the remedy uro L 90 N made by Loges, an optimal detoxifying and eliminatory effect is achieved via the linked spleen – liver – connective tissue – kidneys system. By adding a third or fourth remedy, tailored individually to the patients and their illness, the combination can be varied at will.

As a rule the remedies are administered in the form of a mixed injection, using the following basic formula:

1 ampoule uro L 90 N +  
1 ampoule PINIKEHL +  
1 or 2 variable ampoules.

A few practical case histories are given below as examples of spleen therapy in various diseases.

### **Detoxification and waste removal**

Since the spleen directs the body fluids, it should always be included in any eliminatory and detoxifying therapies. In this context a course of injections lasting several weeks, using uro L 90 N and PINIKEHL is recommended. Depending on the patient's condition, various SANUM remedies may be added to the combination: for example if there is a tendency to constipation (endobiontic load) 1 ampoule MUCOKEHL, if there is a paratuberculous component 1 ampoule NIGERSAN, if there are inflammatory processes 1 ampoule NOTAKEHL and/or 1 ampoule PEFRAKEHL etc. The mixture



should be administered as an intramuscular injection at weekly intervals. With uric acid diathesis or acidosis of the connective tissue the injections may be combined with oral doses of Schüssler salts (1 to 3 tablets sodium phosphoricum 6X at night, 1 to 3 tablets of sodium sulfuricum 6X in the morning).

### **Treatment of intestinal mycoses**

In intestinal mycoses caused by fungi of the species *Candida*, we recommend the following regime (for adults):

#### **1<sup>st</sup> day**

1 capsule FORTAKEHL 4X

#### **2<sup>nd</sup> day**

1 capsule PEFRAKEHL 4X

#### **3<sup>rd</sup> day**

1 capsule FORTAKEHL 4X

#### **4<sup>th</sup> day**

1 capsule ALBICANSAN 4X

#### **5<sup>th</sup> day**

1 capsule PEFRAKEHL 4X

#### **6<sup>th</sup> day**

1 capsule ALBICANSAN 4X

#### **7<sup>th</sup> day**

No medication.

This regime has to be repeated at least four to eight times, in conjunction with a sugarfree diet (no glucose or saccharose). To eliminate the fungal toxins the following intramuscular mixed injection is necessary (every 7 to 14 days):

1 ampoule uro L 90 N +  
1 ampoule PINIKEHL +  
1 ampoule SANUKEHL CAND.

If there is a strong fungal infestation, this combination may be supplemented with 1 ampoule ALBICANSAN 5X.

### **Elimination of bacterial toxins**

In all inflammatory diseases which are treated with NOTAKEHL and PEFRAKEHL, any toxins deriving from the corresponding pathogens must also be eliminated. Here too the SANUKEHL products, combined with uro L 90 N and PINIKEHL, are to be recommended. Thus for example in a disease caused by *Staphylococci*, the following intramuscular injection may be given after administering NOTAKEHL:

1 ampoule uro L 90 N +  
1 ampoule PINIKEHL +  
1 ampoule SANUKEHL STAPH  
+ possibly  
1 ampoule NOTAKEHL 6X or  
7X.

Where *Streptococci* are present, SANUKEHL STAPH should be replaced with SANUKEHL STREP.

### **Lymph blockages, oedema and venous insufficiency**

Concerning these symptoms, in addition to local injections to relieve the blockage with MUCOKEHL 5X or 6X, the following mixed injection is recommended:

1 ampoule uro L 90 N +  
1 ampoule PINIKEHL +  
1 ampoule MUCOKEHL 6X or  
7X.

The potency of MUCOKEHL is to be chosen individually depending on the patient's reaction status and/or constitution.

### **Menopausal problems**

During the menopause increased fluid is commonly stored in the connective tissue. The following mixture can largely prevent this:

1 ampoule uro L 90 N +  
1 ampoule PINIKEHL 5X +  
1 ampoule MUCOKEHL 6X or  
7X +  
1 ampoule Cefakliman or  
1 ampoule Ovarium compositum.

### **Chronic gastritis**

In patients with chronic gastritis, the following combination is to be injected into the pit of the stomach (Huneke's injection technique):

1 ampoule NOTAKEHL 7X,  
subsequently 6X +  
1 ampoule RECARCIN 6X,  
1 ampoule OK 200 from  
Stauffen.

This mixture should be administered alternating weekly with the following intramuscular injection:

1 ampoule uro L 90 N +  
1 ampoule PINIKEHL 5X +  
1 ampoule MUCOKEHL 6X.

The lymph blockages which frequently occur in the area of the stomach when there is gastritis can be broken down in this way. According to Bach (1996) the spleen should always be included in treatment of gastric illnesses.



### **Rheumatic morphology**

In therapy for diseases of rheumatic morphology, the spleen must always be taken into account. In conjunction with the SANUKEHL therapy as such, occasional injections of uro L 90 N, PINIKEHL and a third medicine determined according to the needs of the individual patient are very helpful.

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Dr. Cornelia Arnoul and  
HP Franz Arnoul

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