



“Practical Tips“ Series

SANUM Meridian Therapy

Angina pectoris

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Angina pectoris - also known as stenocardia - is a syndrome with ischemically conditioned pain which usually appears in the heart region. It can manifest itself as a dull pressure or a convulsive or piercing pain and is associated with a characteristic feeling of constriction

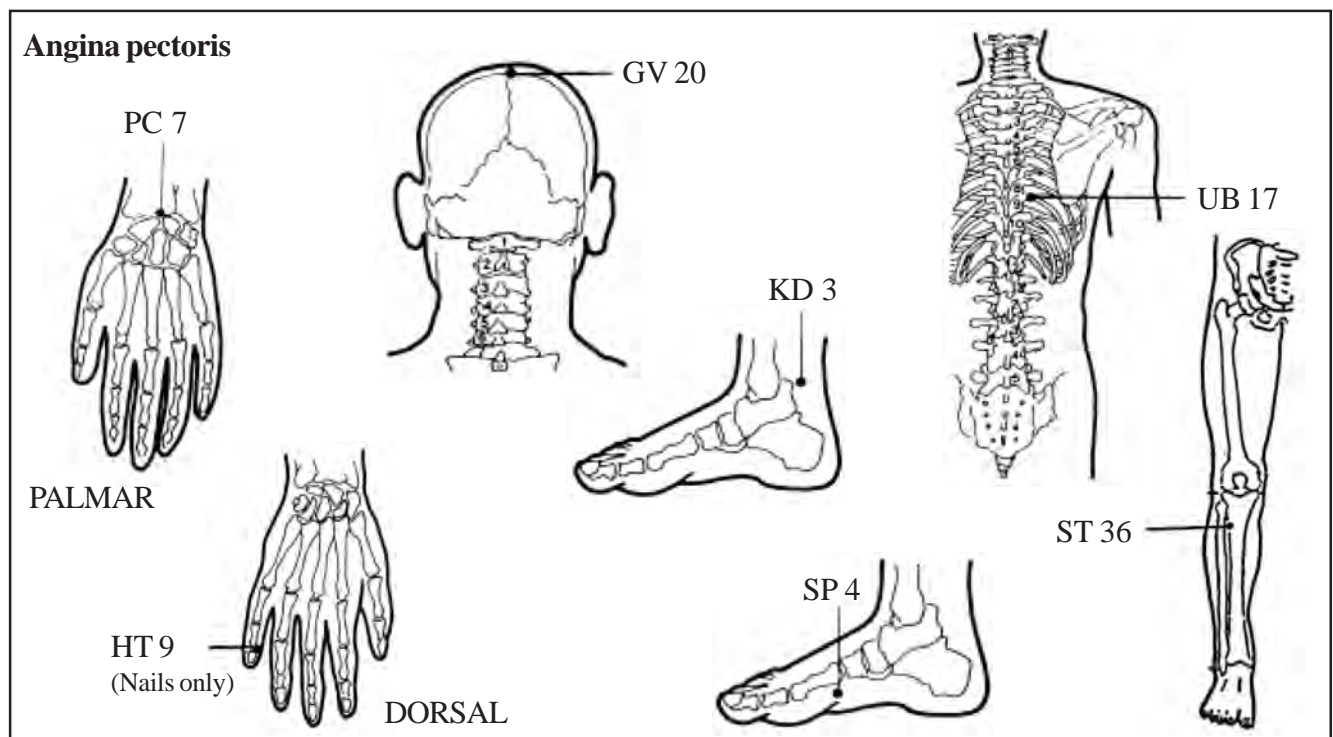
or destruction. Although the pain attacks tend to affect the middle to left thoracic region, it can radiate far into other regions, for example the neck or lower jaw. As far as etiology is concerned, this syndrome is associated with the heart. Causal factors include long-term unhealthy

lifestyle and dietary habits; heavy smokers, for example, are considered to be significantly at risk of getting this disease sooner or later. If angina pain appears even when the body is resting, this is considered to be stage III and right next door to a heart attack.

A. Injections in the following SANUM acupuncture points with:
 MUCOKEHL 1 amp. + SANUVIS 1 amp. + GINGKOLAKEHL 1 amp.

Abbreviation	Designation	Localization
HT 9	Lesser Surge	On the radial corner of the nail of the little finger.
UB 17	Diaphragm Shu	Under the 7th thoracic spinal process, 1.5 cun laterally.
KD 3	Great Ravine	In the middle between the most prominent point of the <i>Malleolus medialis</i> and the back edge of the Achilles tendon.
PC 7	Great Mound	In the middle of the palmar wrist fold.
ST 36	Leg Three Li	In the dimple 1 cun below the capitulum of the fibula, one finger-breadth laterally from the edge of the tibia.
SP 4	Yellow Emperor	On the medial lower edge of the joint between the <i>Os metatarsale I.</i> and the <i>Os cuneiforme</i> in a depression.
GV 20	Hundred Convergences	Small fontanelle 5 cun from the middle of the forehead's natural hairline.

Suggested therapy: inject 0.2 to 0.5 ml s.c. in each point twice weekly.





B. Autologous Blood Treatment

i.m. injection with autologous blood + MUCCOKEHL 1 amp. + CITROKEHL 1 amp. + VITAMIN B Komplex Sanum 1 amp. as compound injection twice weekly for approx. 4 weeks, thereafter once a month as necessary.

C. Medicinal Adjuvant Therapy

- UTILIN 6X: inject 1 amp. i.m. every 3 to 4 weeks
- SANKOMBI: rub 5 drops per day in the skin above the heart
- UTILIN 6X (later on possibly 4X): take 1 capsule per week
- MAPURIT: take 2 capsules daily
- Esbericard: take 1 sugar-coated tablet 2 times daily.

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