



SANUM Therapy in Pediatrics

Ways of Effective Treatment

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In dealing with children in clinical practice, one is confronted time and again with the same symptomatology, namely an elevated susceptibility to infection. The parents bring their children in, often with the same story: the cold is barely gone before they've got a runny nose, bronchitis, sinusitis or even a middle ear inflammation. Tales of recurring bouts of cystitis in children are also common. At the same time, cases of resistance to therapy (as regards previous treatment in other clinics) are rising steadily even in children. But neither the resistance to therapy nor the suffering from the various infective manifestations need be passively accepted, given the excellent therapeutic possibilities at our disposal in the form of biological medications.

One therapy that has stood the test of time against the aforementioned infective susceptibility (even with therapy resistant children) is so effective that, were it to be properly and thoroughly administered, should be able to stamp out all such cases of recurring infection in children. In this treatment, one gives the children SANKOMBI 5X in drops form, 5-10 drops once daily. A supplement to this therapy consists of Mulgatol gel, 0.5 to 1 teaspoon thrice daily before meals. This is a very effective vitamin preparation which catalytically potentiates the effectiveness of SANKOMBI 5X. Phönix's build-up therapy for children is also recommended as a therapeutic supplement for children with lymph gland disturbances.

This comprehensive therapy,

shown to be successful even in stubborn cases, should - in order to ensure success - be administered conscientiously for 2 - or even 3 - months. Good results are thereby achieved even with children who exhibit lack of appetite, poor concentration in school, or who are hyperkinetic.

Even older children can be treated successfully

A very good therapy for older children, for whom an injection treatment does not present a problem, consists of administering the SANUM medication REBAS 4X to activate the important immune system organs of the Peyer's plaques in the small intestine in combination with an ampule each of Engystol and Injectio lymphatico, all as a compound injection. This is administered 2-3 times weekly over 4 weeks. The speed and long-lastingness of the effects of this therapy against chronic infections in children, even of 10, 11 or 12 years of age, are a continual amazement. Oral megadoses of ascorbic acid (vitamin C) are an excellent complement to this injection therapy, and should consist of 1-2 teaspoons daily. This oral dosage combines well with SANKOMBI 5X drops, as well as with REBAS 4X suppositories, 1 daily of the latter, introduced before going to bed. The indicated quantity of ascorbic acid is mixed into a glass of water, tea or fruit juice, which is then drunk in small portions throughout the day.

The medicinal effectiveness of vitamin C has long gone unrecognized. This vitamin is of great significance to the vitality of the

immune system; it activates, among other things, the leukocytes and the macrophages, as has been demonstrated by numerous studies. However, a precondition for the vitamin's effectiveness is high dosage, and it is best mixed with darker fruit juices such as grape juice or blackcurrant juice.

The symptomatology of the nasopharyngeal space

The ever-recurring chronic inflammatory processes in the nasopharyngeal space of juvenile patients demands special attention in clinical practice. Symbiotic control in the intestines is frequently mentioned, but the nasopharyngeal space, of equal importance, is not heard of. The therapy outlined below is equally well applicable to both children and adults sufferers. We have been successful with this therapy for years. To a glass of boiled water are added 20 drops of Symbioflor, 1/2 teaspoon of Emser salts and 20 drops of Salviathymol. One then has the patient rinse the mouth out with this mixture 2-3 times daily, ideally after eating. Continue for 6 weeks.

This therapy can achieve lasting elimination of chronic infections in most patients. This applies to adults who, for example, often have trouble with dentures, as well as to children subject to frequent oral inflammations, such as aphthae or stomatitis.

The burden of Pfeiffer's disease

Pfeiffer's disease (infectious mononucleosis) is an entire important chapter all by itself, having increased greatly in frequency among



young people in recent years. This syndrome is often not recognized, being diagnosed and treated as angina - with which, in fact, this disease can appear in combination. Such misdiagnoses have led to patients being treated with high doses of antibiotics - a treatment, which in many cases cannot succeed because in this syndrome a candida fungus can also be involved, so that one is dealing with a very broad-based infection. This means that one has to treat the candida attack first, before going on to deal with the infection.

Because of the risk of complications and secondary injury - which can also manifest themselves in the triggering of hepatitis, for example - a majority of patients with Pfeiffer's disease actually should be undergoing inpatient treatment at a hospital. The reality is, however, that many of these patients come to us after having left the hospital, and are now suffering from delayed complications. These can manifest themselves in young people as medicative disturbances, fever attacks, difficulty digesting and in disturbed psychological states, among others.

For these patients, the following medication is prescribed for at least 5-6 months, at a capsule each per week: in the first week they get UTILIN 6X plus RECARCIN; in the second week, LATENSIN 6X replaces UTILIN. This cycle is maintained for several weeks, after which one can switch over to the 4X form of the dosage. With this therapy, delayed reactions are durably eliminated, or at least reduced to a tolerable minimum.

It sometimes happens that children, having had mononucleosis for 6 months, have been released from the hospital and have been since then been subjected to various therapeutic attempts to deal with the delayed complications. The aforementioned treatment is recommended for these cases as well, to stimulate the immune system with an intramuscular compound injection twice weekly, consisting of REBAS 4X, Engystol and Injectio lymphatica. This is a mixture which exerts a profound effect on the entire biomodulatory apparatus, as can be read in the lab results. These results clearly indicate positive changes in the entire lymphatic blood picture.

The effectiveness can be heightened somewhat if one adds 0.5 ml of autologous blood to each injection: due to the resulting depot effect of the blood, the medication's effectiveness develops more slowly and lastingly. In these cases, one should also administer ascorbic acid daily in the previously indicated dosages. This stimulates interferon synthesis, among other things, whereby even existing mesenchymal blockades can often be induced. The (almost always) markedly improved lab results following this therapy generally parallel an equally marked improvement in the patient's subjective state. When using ascorbic acid in this therapy, the product by the firm Burgerstein is highly recommended.

Traumatic disease conditions in the cranial region

Not infrequently, one is confronted with patients suffering from trau-

matic disease conditions in the cranial region, the consequences, possibly, either of a cranial trauma or a Commotio cerebri (brain concussion). There are also other diseases in the cranial region, which come to us occasionally, such as the delayed consequences of an earlier meningitis. In these cases, LATENSIN in combination with the aforementioned intramuscular compound injection has proven very successful. This effective preparation should also be a component in the therapy of migraine patients. In all cases, however, the duration of treatment should be at least three months; in isolated cases, up to 6 months might prove necessary in order to achieve the full effect.

This therapy can even be successful when - after the results of a patient history, for example - the causes of the current symptoms turn out to lie years in the past, when, that is to say, the patient had quite early on suffered a cranial trauma, meningitis or encephalitis. Even in these cases, LATENSIN again and again demonstrates its effectiveness. This is generally true as well of its use with physically or mentally retarded children. Often it has been remarked of such children that, after half a year of treatment, they have become more responsive and malleable, and that they even demonstrate improved physical coordination. When treating children and young people, the inclusion of LATENSIN should therefore always be considered.

An unusually effective SANUM preparation

When patients, whether large or small, come into the clinic complain-



ing of problems in their joints and extremities, and if they at the same time report having trouble swallowing, then a flu infection is often the cause. For symptoms of this sort, one should consider using the SANUM preparation QUENTAKEHL as the main medication. QUENTAKEHL is rightly considered to be an important stimulative therapeutic agent. Children should be prescribed 5 drops orally morning and noon before meals, then daily a QUENTAKEHL suppository before going to bed. This therapy has always had good results, especially with children who easily develop bronchitis.

Adults also respond well to this therapy, although for them, the injection form administered in the evening is the better choice. One injects a first ampule of QUENTAKEHL i.v., then another ampule i.m. after mixing it with 0.5 ml of autologous blood, thus creating a depot effect which kicks in when the quicker intravenous injection begins to fade. It can happen that patients get sleepy after this treatment, but this is entirely favorable.

For children with weakness in the bronchial region, inhalations should additionally be prescribed. Other children, who also respond well to this therapy, have weakness in the frontal or the maxillary sinus, or they often have problems with the ethmoid cells - all of which are in some practices not infrequently overlooked. But the ethmoid cells can also undergo inflammatory alteration. Besides olfactory problems, these patients often report a stabbing pain in the middle of the

head, which should always lead one to consider an inflammation in the ethmoid area. Inhalation therapy is also indicated as a supplementary therapy for these patients.

The nasal cavity is the location of many childhood ailments

A great many small and young patients exhibit symptoms in the general vicinity of the nasal cavity. Oftentimes one is dealing here with the clinical picture of adenoidal growths in this cavity, known as polyps. Children with a general allergic predisposition, who have lately increased considerably in number, generally tend also to develop nasal polyps, which cannot forever be being removed surgically. With children who have this clinical picture, the first thing to do is have a differentiated blood picture taken for diagnostic purposes; in particular, the IgE value should be monitored in order to establish whether an allergy is part of the basic process.

In these cases, we also recommend intensive use of ascorbic acid (vitamin C), which not only stimulates the body's synthesis of interferon, but also strengthens the endogenous production of cortisone. This vitamin is universally indicated in sufficiently high dosage for all children with a tendency to allergies. The treatment is generally based on the oral administration of various substances and has to date proven very effective especially in postoperative use. To this end, Phoenix's build-up therapy with its three components is prescribed, which is administered on a three-day cycle, with 5, 10 or 15 globuli (depending on the child's age) thrice

daily. Biosanum Polyposum is also administered 4 times daily at 5, 10 or 15 globuli per dose, again depending on the age of the child.

These children often suffer from dry nasal passages as well. In these cases, the inside and outside of the nose should be rubbed in the evenings with olive oil. This oil has a much greater penetrating power than other oils, and thus restores suppleness to the nasal surfaces overnight. Of course, for this purpose it must be pure olive oil, and under no circumstances cheap cooking oil. This method has also proven effective with hay fever sufferers, who should rub their noses with olive oil before they venture outdoors during the critical period. A further proven option was developed by Dr. Zoubek: one adds a tablespoon of oak bark to 1/2 liter of water and lets it simmer over low heat for about an hour; 2 drops of the cooled liquid are dripped into each nostril in the mornings and evenings. The beneficial effects of this preparation are not long in coming.

The sinus disorders mentioned previously constitute yet another important chapter, but one which need cause us no embarrassment. The treatment used in these cases has proven itself many times over. It is once again based on a series of long-established SANUM preparations, beginning with capsules of UTILIN "S" 4X. On Mondays and Fridays, about an hour before breakfast or before going to bed, the contents of an opened capsule are sprinkled into the mouth and throat so that they are taken up by the mucous membranes in this



region. Additionally, PEFRAKEHL 5X and NOTAKAHL 5X are taken in daily alternation in the form of 3-5 drops daily into each nostril, then “sniffed up“ into the nasal cavities.

With this therapy - which should be rigorously maintained for 4 weeks - one can develop a (desirable!) runny nose, very strong at first, but which quickly fades, as the patient eliminates a large quantity of “garbage“. After the first 4 weeks, the therapy is modified: while maintaining the UTILIN “S“ capsules, the drops are changed to the same quantity of MUCOKEHL 5X and NIGERSAN 5X, which are taken in regular daily alternation in the nose. To strengthen the immune response, REBAS 4X suppositories are administered as well, each evening before going to bed for 2-3 weeks. This activates, among other things, the production of the B and T lymphocytes, which is of particular importance for these ailments. There is yet one more therapeutic measure one can take in these cases: administering 1-2 tablespoons of ascorbic acid. This comprehensive therapy can even be used with patients who have already undergone operations, i.e., who have had polyps removed or tonsillectomies performed.

For older children or for adults with chronic susceptibility to infection, an injection plan for REBAS can be applied. The plan is also usable with children who have just gotten over a severe infection such as measles or scarlet fever. The principle of the plan for older children is: 1 ampule in the 1st week, 2 in the 2nd and

3 in the 3rd week, administered intramuscularly. Unlike adults, who in the 4th week again get 3 ampules, a 4-week pause is then introduced for children after the 3rd week. This injection cure can then be repeated after 3 months.

What else can be treated in children

It's not just adults who frequently come to the clinic with chronic diarrhea; in this context, a therapy which has proven itself with young as well as adult patients is a compound injection consisting of 1 ampule of REBAS 4X and 1 ampule of NOTAKEHL 6X, once daily for 2 weeks. This intramuscular injection treatment can also be used to good effect against ulcerative colitis. The great effectiveness of this mixture of REBAS and NOTAKEHL is unfortunately all too little known as yet. Of course, the possibility that the patient may have a malignant process must first be diagnostically excluded, but otherwise even older patients - e.g. with a clinical picture of diverticulitis - respond quite well to this therapy.

For all of these therapies, the matter of the patient's diet has to be gone into, since this always plays an important role in the healing process. A very helpful book in this regard, which we recommend everyone to read carefully, is Dr. K. Werthmann's “Nutritional Changes for Chronically Ill and Allergic Patients“. In many cases, the reduction or even the total elimination of animal protein - meat, milk, dairy products and eggs - for 4-6 weeks plays a major role in regaining a state of health.

In older children and young people, chronic urinary tract inflammations are by no means rare, and also in these cases, a compound injection therapy has proven effective. This compound injection is administered intramuscular twice weekly, and consists of REBAS 4X, Cantharsis cps. Heel and Vesica urinaria suis Injeel. In addition, Canephron liquid is given orally, 1 tablespoon thrice daily, supplemented with a REBAS 4X suppository to be introduced rectally in the evenings before going to bed. With these patients, it is a good idea to illustrate the progress of the therapy by monitoring at the beginning, middle and end with the help of a performed urine culture.

A new sign of the times is young people who have been harmed by excessive computer use. This damage finds its external expression in vegetative disturbances, for example dizziness, weak concentration and circulatory stresses. There is often irritability coupled with an impaired learning ability in school. The many TV-impaired children exhibit the same or similar symptoms. All of these disturbances make up an ever-growing field that increasingly cries for therapeutic relief. This challenge can also be met successfully.

The SANUM preparation MUCEDOKEHL in capsule form stands ready to treat these disturbances, administered as 1 capsule daily, either in the mornings before breakfast or in the evenings before going to bed. The duration of treatment should be at least 6-8 weeks, since this is a biological preparation, which works its influ-



ence slowly but surely upon disturbed neurovegetative processes. Another group of harmed young people that respond well to this treatment are the many disco-damaged.

A supplement to this capsule cure, to be considered in the cases mentioned here, is the administration of a proven drop mixture of 10-15 drops 2-4 times daily (for younger patients, use the lesser amounts). This mixture consists of Hypericum 4X, Ignatia 5X and Veratrum album 3X, aa 30.0, and is taken with a little water. Soon after this comprehensive therapy, one can note how the children and young people seem to have regained a vegetative equilibrium; this is also indicated by the disappearance of the widespread sleeping disorders in these young people. At any rate, the SANUM preparation MUCEDOKEHL merits special consideration in clinical practice for the

treatment of many different vegetative disorders and instabilities.

The manifold types of baths are part of the rich store of proven naturopathic therapies which are also and especially applicable to children and young people, for which there exist some therapeutically most effective substance mixtures as bath additives. It is not just adults, but also children and young people, who these days frequently suffer from circulatory instabilities, and feel dull and listless. A warm 20 minute tub bath has often proven effective when one adds the following mixture to the bathwater, first mixing it up in a cup: 1 tablespoon of honey, 2 drops of fennel oil, 2 drops of oil of juniper and 2 drops of rosemary oil. A bath with these ingredients seldomly fails to work, and is also good for adults who don't go to bed until late and who then have trouble getting up in the morning.

For hyperkinetic and nervous children, we recommend a warm tub bath with 2 drops of sage oil as an additive. Sage oil in this "essential oil" form has a markedly calming effect on the entire nervous system. The baths described here can also be used therapeutically, taking them daily for about 2 weeks. But one should always take care, when preparing these additives, to use a carrier substance such as honey or milk for the valuable oils.

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