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# **Disturbed Blood Flow - Holistically Considered**

**Therapeutic Possibilities for Diseases of Ears and Eyes**

**by Michael Urban**

„Disturbed blood flow“ - these are the quick words by doctors in thousands of medical practices and in hundreds of therapeutic clinics, by which a large portion of symptoms merges into a nearly pacifying diagnosis. „Disturbed blood flow“ sounds almost as normal as „caused by the weather“ or „nervous“. This is a dangerous game being played with patients, because the pithy diagnosis of „disturbed blood flow“ calms one, distracts from the essential and, additionally, gets very superficially treated.

The preparations offered by school medicine have no, or very little, results (apart from the side effects). The natural healing products are usually applied with plumber like thinking: „What is too tight must be enlarged“. No wonder that the symptoms fail to disappear in many. Because every disturbed blood flow is the beginning and the course of a whole series of diseases, while intensively interfering with the metabolism of every single body cell and, at last, the disturbed blood flow becomes a deficient blood current, this disease process must necessarily become understood and therapized in its different aspects. Disturbed blood flow comes finally to mean deficient life energy in the insufficiently supplied areas and, with that, a disturbance of the entire body harmony.

Repeatedly, two serious mistakes occur in the evaluation of a disturbed blood flow:

1. Much that is referred to as a disturbed blood flow has long gone beyond this stage and has

developed into an overlapping deficient blood current. This has consequences for a broad therapy.

2. Disturbed blood flow does not always relate just to the periphery of the extremities or the central nervous system (brain). Often, it massively affects vital organs and causes serious damage and degenerative manifestations, which finally become the so called chronic diseases.

When one considers the availability of the measures and medications for promoting circulation, one discovers in the areas of both school medicine and that of natural healing an assumption that medications and forms of therapy have to provide for a vascular dilation. However, the requirements for a medication to promote an improved blood flow are considerably more extensive:

- Vascular dilation
- Lowering of the vascular permeability
- Improvement in the liquidity of the blood
- Prevention of coagulation and vascular deposit.

With this, the theme „disturbed blood flow“ is considered merely along the criteria of liquidity and vascular diameter. In a therapy providing medication, the large spectrum of vasomotoric influences on whole body circulation remains unaddressed. This results in merely temporary change in the lumen through diversified outer and inner stimulation.

Not all women with ongoingly cold feet or hands are arteriosclerotic or

have vascular diseases. This deficient blood current has its start in the pelvis, and it constitutes a systemic disease that must be taken seriously; yet vascular specialists have ranked it as being harmless. Neither pertinent chemotherapeutic drugs, nor the highly praised (for their high sales) plant remedies from the Ginkgo tree can logically provide satisfactory help here.

Also, the basic psychological condition is much too rarely included in the diagnosis and therapy. Yet, deficient blood flow is not rarely the expression of a basically introverted attitude and the final result of a constantly reverting life attitude that is ever ready for bad news.

It is, as experienced practitioners and talented therapists of our time have seen: Every disease originally begins with a disturbed blood flow and, thereby, with a limited blood circulation through all tissues. Nobody can surely provide proof for this thesis, but the practitioner sees it ever clearer in the course of his practice. No disease can be healed unless there is a sufficient blood current flooding the diseased tissue. This becomes especially clear in cases of disturbed circulation through the organs: Nephroscleroses, heart diseases, gastrointestinal atonia, diseases of the eyes and the ears.

Because life itself is defined as a constant current („Panta rhei“), every disruption or diminishment of the flow equilibrium is adverse to life. In this way, the diagnosis „disturbed blood flow“ deals not merely with narrow passage and wide passage, but also with the



characteristic of that which is flowing (see formation of gall stones) and for the basic pre-conditions which provide for the narrowness, wideness, and flowing quality.

### **Diagnostic possibilities**

For disturbances of the flow equilibrium, there are the following diagnostic possibilities apart from the clinical methods:

- Representation & evaluation of the iris
- Fullness & emptiness conditions in Head's zones
- Hardening & crystallization in the reflex zone „foot“
- Bioelectronic functional diagnosis
- Thermographic representation of the vessels.

The location where we suspect the disturbed blood flow is not always the location where it gets started. It may happen, for instance, that a long continued dizziness can be therapized, not via an increased blood flow through the brain, but through the increased blood current in the liver. In another case, habitual morning attacks of dizziness that had been previously treated with remedies to promote the blood flow, have been successfully therapized through a targeted intestinal detoxification.

In this way, the cycle is closing also in a disturbed blood flow: without a precise diagnosis (Greek: decision), the casually tossed comment of a „disturbed blood flow“ is a disregard of dutiful conscientiousness, and that all the more because the therapy that follows this diagnosis is frequently as superficial.

### **What are the consequential therapeutic possibilities?**

It is valuable to understand that any diagnosis has only as much value as it leads to meaningful information concerning its therapy. I would like to limit myself to only two therapies at this point. They are holistic and should be applied, therefore, as the basic treatment for every type of disturbed blood flow.

#### **1. Eliminative Process**

For some years now, we have been predominantly applying the classic eliminative process, based on B. Aschner's work. The flow equilibrium (elimination through kidney and intestine), the problem of fullness and emptiness in the organ segments (bloody and dry cupping), the problem of overloading the total circulation (bloodletting), and the disturbed blood flow which is a manifestation or consequence of inflammatory changes (Cantharidin plaster) can be very well approached by this process.

Our best experiences have been by Claudicatio intermittens with the Baunscheidt Therapy, in combination with the SANUM preparation MUCOKEHL as a homeopathic suspension of the *Mucor racemosus* Fresen.

#### **2. Protein Fasting According to Professor Wendt**

It is to the merit of Professor Wendt to have discovered the connections between massive disturbances of the blood circulation and the nutritional excesses of the „civilized world“. They are predominantly based on the overeating of animal proteins. Professor Wendt explains about this accordingly: Excessive

protein intake leads to storing processes in the body that occur chiefly along the vascular walls. The excessive storage causes a thickening of the capillary walls. However, nutrients and water must flow from the blood through the capillary walls to supply the cells. The thickening of the vascular walls and congestion of their pores, blocks this flow.

Protein fasting for 4 weeks, according to Wendt, is the basic therapy for nearly all disturbances of the blood flow, whether of the vascular type or already progressed into the stage of disturbed cellular penetration of the blood current and, along with it, the beginning cell and organ degeneration. In combination with regular bloodletting (with a suitable constitution), this is an outstanding therapy, all the more so because it influences the gastrointestinal atonia, which is frequently the basic cause for changed metabolic processes and the flowing quality of the blood. Measuring the hematocrit value before and after the protein fast confirms this knowledge.

#### **Specific therapy for diseases of the eyes and ears**

Applications that promote the circulation are appropriate for the eyes in cases of a generally diminishing vision, cataracts and glaucoma, as well as for a thickening of the vessels in the retina. In all these cases, the basic treatment is a protein fast and elimination. This is also a good preparation for additional therapy. This is followed by subcutaneous injections with MUCOKEHL 6X/5X, in connection with a weekly



intramuscular injection of SANUVIS + MUCOKEHL 5X.

For eye patients who suffer from high blood pressure or diabetes, a major bloodletting of 300 qcm three times, 4 weeks apart, is recommended. Additionally, UTILIN injections are given every 4 weeks, changing progressively from 6X to 4X. During the entire treatment time, one applies MUCOKEHL eye drops externally. These are also especially effective for conjunctivitis when one combines their application with daily 3x 10 drops Kattwiga Synergon No. 39.

In all cases of eye diseases, we fundamentally check the position of the cervical vertebrae. Shifting in the transverse processes to the left or right (C 4/5) can be easily felt through manual exams. We have frequently noticed that the vision improved after a resetting.

In diseases of the ear, tinnitus, reduction of hearing capacity and Meniere symptom have been noticed in connection with disturbances of the blood flow. We have found, published in SANUM literature, the information that sclerotic changes in the ear are caused by endobiosis in the inner ear. This knowledge shows us the way for therapy with the above quoted symptoms.

One administers every 4 weeks UTILIN 4X by intramuscular injection and MUCOKEHL 6X/5X

intravenously. With UTILIN injections, a careful elimination detoxing several days after the injection is decisive. We also rely on the product „Toxex“ (Pekana) and the possibilities of the Baunscheidt Therapy for the neck area. Saunas also are very suitable for supporting any treatment with the immunobiological SANUM preparations. For stimulating the kidneys, appropriate teas and phytopharmaceutical products are indicated.

Additionally, we give once weekly MUCOKEHL 5X i.W. with NIGERSAN 6X s.c. on the mastoid of the affected ear. This therapy is complemented by a soft laser treatment (10-30 mW) on the pertinent mastoid. For tinnitus and Meniere disturbances, good success has been observed until now by this therapy. Of course, here also the preconditions for a successful treatment is the basic therapy involving the nutrition and the elimination of toxins.

### **Disturbances of blood circulation on thinking capacity**

The systemic disease of our social thinking also deserves a final consideration. The human spirit also can stagnate, become rigid and, finally, mark the condition of a society based on a mental/spiritual infarct. Circulatory disturbances in thinking determine the view of our times as it relates to our environment, or as it pertains to our inner world, relevant to our contemporaries, and in view of our actual,

divine destiny. The signs of circulatory disturbances in our thinking are: profit orientation, ritzy thinking, incapability to renounce, and strongly diminished tolerance for frustration, in conjunction with the drive for instant actualization of all our wishes.

The drive to do all that can be done, to actualize everything that is thinkable, has led us human beings nearly to the point of no return. But, the human being does not change when merely outer conditions get changed. In this way, the attempt to change everything in the outer world remains without success and, moreover, brings ever new disease symptoms into appearance.

When the Spirit of God can no longer flow in us and through us, our human spirit will be sick due to a massive „disturbance of the blood circulation“ and finally be destroyed. Who is sicker than our so informed humanity that has apparently no need for its own liberation? Can we find a therapy for our spiritual circulatory disturbance?

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