



The SANUM Preparation CITROKEHL

Important Details for the Therapist

by Helmut Körner



Acidum citricum (citric acid) is the base of the SANUM preparation CITROKEHL which is available in a potency mixture of 10X, 30X, 200X. The remedy picture of Acidum citricum is an important link in the physiologic citric acid cycle. This carboxylic acid as it is also present in fruit juices for example in lemons with approx. 8.1% activates the cellular respiration and has a special significance for the cell metabolism. According to *Jung*, citric acid is necessary to keep the cycle on going. According to detailed studies of the cancerologist Dr. *Moermann*, citric acid is in many respects indispensable for the human organism:

- It counteracts fermentative metabolism
- It counteracts alkalosis
- It reduces blood viscosity
- It reduces the water content of the tissue.

In the relevant literature it is reported iteratively that children who rejected vegetables and fruit as well as fruit juices do strongly ask for these food stuffs after a few injections of Acidum citricum and then also develop better visibly.

Symptoms and Signs in the Indications

CITROKEHL is useful in case of unbearable headaches, stabbing in the temples as they can especially appear in the daytime and also in case of hypersensitivity to changes in the weather respectively to sudden invasions of hot air. CITROKEHL is also of great help when suffering from refractory pains of the bulbs which can be expected in case of retina detachments, inflamed and soon fati-

guing eyes, tinnitus and lack of audition which means disturbances of the sense organs at all. The same also in case of a defective memory and defective concentration. Here, especially children react very well to treatment with Acidum citricum.

In medical practice, the indications for Acidum citricum are as follows: avitaminosis, rachitis in the acute stage, disturbed bacterial flora, gastro enteritis, chronic infections, angina pectoris, dermatoses, psoriasis, pruritus, rheumatism, chronic polyarthritis, muscular asthenia, pancreatic insufficiencies, disturbances of cellular respiration, disturbances of the calcium metabolism as well as precancerous stages and beginning neoplasm stages.

The good efficaciousness of CITROKEHL soon becomes obvious when treating the following organs:

Respiratory Organs

If difficulties of breathing progress in case of warming, and if the patient struggles for fresh air as well as in case of tar, benzpyrene and nicotine deposits, CITROKEHL injections facilitate the oxygen supply into the lung tissue. Therefore CITROKEHL should also be used in case of allergic asthma, bronchial asthma cardiac asthma, hay fever, tuberculosis, lung cancer, pneumonia as well as fibrinous pleurisy and cardiac pleurisy.

Endocrine Organs

CITROKEHL injections should be used in case of functional weakness of the endocrine glands, if pains rove and can be hardly

located and in case of swollen lymph nodes as well as scrofulosis.

Extremities

Patients often avoid strains and longer walks, because the legs are tired easily and hurt because of a venous and arterial weakness. Disturbed circulation and depositions at hands and feet or indefinite racking pains which do not fix themselves cause other patients troubles. Also in these cases, CITROKEHL is helpful.

Genitals

CITROKEHL should be used here in case of short and weak menstruation, which is dark and has an unpleasant smell. These bleedings also cause the women pain in the back. Desired improvements by CITROKEHL can also often be achieved in case of a too poor sexual emotivity, frigidity, impotence and bad allaitement ability.

Urinary Passages

Patients who are prone to pyelitis, renal calculi, nephralgia after long sitting and urinary tract infections and those who have sugar and albumin in the urine without having special complaints need a treatment with CITROKEHL.

Heart and Circulation

Here, a treatment with CITROKEHL is recommended in case of early aging, arteriosclerosis, especially in case of cerebral sclerosis, fast and difficult to influence calcification at an advanced age, hypotonia, impaired memory, tingling and formication in the legs after long sitting, also if the whole vessel apparatus is asthenic and cold feet cause troubles in bed.



But CITROKEHL should also be used in case of tachycardia and fast fatigue of the cardiac muscle, that is, not only therapeutically but also preventively.

Bones

In case of rachitis in acute stage, deformations can be avoided by an early use of CITROKEHL. An administration is also successful in case of badly healing bones, states after fractures, tuberculous osteitis, inherited lesions in the skeleton, periostitis, feebleness and swelling of the finger joints and the ankles. The metabolic condition for the intake of vitamin C can be improved with repeated administration of CITROKEHL.

Nervous System

Lethargic patients who do not summon up any activity despite great plans can be positively

influenced by CITROKEHL injections. Most of them are very sensitive to climate stimuli and changes of weather from cold to hot. CITROKEHL is also helpful, if children have bad performances at school without being worried about it. Normally, strong avitaminoses exist in these cases.

Digestive Organs

Due to a bad digestion of foodstuff and insufficient splitting of the plant cellulose, the organism is not sufficiently supplied with minerals and vitamins. The here developing dyscrasia can be influenced well with CITROKEHL. The same is valid in case of stasis in the biliary tracts, insufficient bile flow, gallstones, complaints after the removal of the gall-bladder and in cases of dysentery. An additional treatment with CITROKEHL should be envisaged in case of degenerative conditions,

anacidity and hyperacidity. Young patients and children normally show a quick and positive reactions when treated with CITROKEHL.

Teeth

CITROKEHL injections decrease the complaints here as they develop from strong odontolithiasis, caries and strongly bleeding and inflammable gums.

First published in the German language in the SANUM-Post magazine (02/1988)

© Copyright 1988 by Semmelweis-Institut GmbH, 27318 Hoya (Weser), Germany

All Rights Reserved