From Practice - For Practice

Treatment Plan for Use in HPV Infection

by Thomas Rau M.D.
Generally speaking, in the final analysis the HPV problem is hardly a problem at all; in my view it has been hyped up. So far as the Natural Therapies are concerned, it lends itself superbly to treatment.

In the case of the HPV virus we are not dealing with an “infection”, but with an infestation resulting from an incorrect vaginal milieu. For some patients the vaccination is more serious than the infection.

(Incidentally the same is true of mycoplasmas.)

Fundamentals for Treatment:

As far as possible, avoid hormonal contraception.

As far as possible, no food containing sugar, especially at night-time! (over-acidification)

Don’t eat cow’s milk products, and do not drink milk! (Both thicken the lymph and make the body too acidic.)

• Locally: for 10 days a month (preferably after the period), in the evening, place an EXMY-KEHL suppository in the vagina. Repeat this three times.

• Another very good method is to soak a cotton-wool ball (or tampon) in Lactic acid drops (SANUVIS), or Regulat, and an ampoule of Selenase® (biosyn), and place this at the portio in such a way that the fluid can work its way in, preferably for the whole night.

• Systemically:
  - UTILIN “S” 6X capsules, one a week.
  - QUENTAKEHL drops internally, 8 drops to be insalivated, twice a day.
  - Vitamin C, 1 gram daily, and Zinc in the form of ZINKOKEHL, 15 drops 3 times a day, or
  - Zinc gluconate, one 30mg tablet in the evening.

Additionally the following things can also be used:

  Suppositories containing ozonised olive oil (Ozone is extremely anti-viral, and also has an anti-bacterial effect).

  Vitamin D locally (open 1-2 Vitamin D capsules (e.g. from Burgerstein), apply contents to a tampon and introduce this deeply into the vagina.)

In general these treatments are very successful.

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