From Practice - For Practice

Chronic Pyelitis / Pyelonephritis

by Dr. Konrad Werthmann
Acute or chronic inflammation of the renal pelvis, following bacterial infection, normally involves the renal parenchyma (pyelonephritis or interstitial nephritis); this is the most frequent illness of the kidneys. It occurs 2-3 times more frequently in women than in men. It is also observed in small children of 2-5 years of age.

Diagnosis is by means of leucocyturia, or via dysuria/pollakiuria.

**Suggested treatment**

Begin with

1) ALKALA N powder, ½ ladleful in warm water twice daily, with CITROKEHL, 10 drops twice a day for weeks; bladder tea during the daytime.

2) At the same time, begin also with NOTAKEHL 5X drops, 10 drops twice a day for 2 weeks. (Upon evidence of enteral microbes: FORTAKEHL 5X drops, 10 drops twice a day).

3) Then switch from NOTAKEHL or FORTAKEHL to SANKOMBI 5X drops, 10 drops twice daily for weeks, but always following the plan 5-2-5-2 (Mon. - Fri. = 5 days = SANKOMBI, and at the weekend = 2 days = NOTAKEHL or FORTAKEHL, then begin again).

4) Having reached (3) above, prescribe FOMEPIKEHL 5X drops, 10 drops once a day for support of the immune system. This especially in male patients, in order to stave off a descending inflammation of the prostate. LATENSIN 6X suppositories are also helpful. Because of the chronicity, it is important to rub in SANUKEHL Myc 6X drops, 10 drops twice a day.

5) SANUKEHLS are always to be used because of the chronicity and the cell-wall-deficient forms. They are administered according to the results of the urine culture, 5-10 drops twice daily, partly oral and partly massaged in:
   - Klebsiella: SANUKEHL Klebs 6X drops
   - Staphylococci: SANUKEHL Staph 6X drops
   - Enterococci: SANUKEHL Salm or Prot 6X drops
   - Pseudomonas: SANUKEHL Pseu 6X drops
   - Colibacteria: SANUKEHL Coli 6X drops

The pathogens are mostly Enterobacteriaceæ (Proteus, Salmonella, Shigella, Klebsiella, simply enteral germs), Pseudomonas, Enterococci, Staphylococci.

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