“Practical Tips“ Series
SANUM Meridian Therapy

Tinnitus

by Dr. med. M. Al-Haj
The Therapy of Tinnitus

A. Injections in the following SANUM acupuncture points with:
   MUCOKEHL one amp. + FORMASAN one amp. + NIGERSAN one amp.

Potentiation of MUCOKEHL/NIGERSAN (5X-7X) at the therapist’s discretion.

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Designation</th>
<th>Localization</th>
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<tbody>
<tr>
<td>G 20</td>
<td>Wind-Pond</td>
<td>At the lower occipital edge close behind the Processus mastoideus.</td>
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<tr>
<td>KS 6</td>
<td>Inner Boundary</td>
<td>In the palmar centerline of the lower arm, 2 cun above the middle of the carpal joint.</td>
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<tr>
<td>DÜ 3</td>
<td>Posterior Canyon</td>
<td>A closed fist forms a skin fold on the little finger lateral to the metacarpophalangeal joint; DÜ3 is situated in the fossa thus formed proximally to this skin fold.</td>
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<tr>
<td>PaM 13</td>
<td>Off-Meridian Point</td>
<td>Behind the mastoid process, 1 cun dorsal from 3E17 (Yi Feng).</td>
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<tr>
<td>B 64</td>
<td>Main Foot Bone</td>
<td>On the lateral edge of the foot, proximal to the Tuberositas ossis metatarsalio V.</td>
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</tbody>
</table>

Suggested therapy - Twice weekly, 0.2 to 0.5 ml injected s.c. per point.

B. Autologous Blood Treatment
   0.5 ml autologous blood + GING-KOBAKEHL 1 amp. + NOTA-KEHL 1 amp. injected i.m. at the non-acupuncture days, repeated 10 times.

C. Medicinal Adjuvant Therapy
   - LEPTUCIN 6X and UTILIN 4X (capsules): take one capsule every 3rd day in alternation.
   - SANKOMBI drops: rub 10 drops daily on mastoid.
   - If necessary, place a cantharidin poultice behind the ear.

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First published in the German language in the SANUM-Post magazine (35/1996)

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