“Practical Tips“ Series
SANUM Meridian Therapy

Neurodermitis

by Dr. med. M. Al-Haj
The Therapy of Neurodermitis

A. Injections in the following SANUM acupuncture points with:
MUCOKEHL 5X one amp. + NIGERSAN 5X one amp. + SANUVIS one amp.

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Designation</th>
<th>Localization</th>
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<tbody>
<tr>
<td>TH 5</td>
<td>Outer pass</td>
<td>2 cun proximal to the carpal transverse fold of the back of the hand between Radius and Ulna</td>
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<tr>
<td>TH 15</td>
<td>Celestial Bone Hole</td>
<td>middle of the upper edge of the Parstransversa of the Trapezius</td>
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<tr>
<td>LI 11</td>
<td>Pool at the Bend</td>
<td>with arm maximally bent, at lateral end of the elbow fold</td>
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<tr>
<td>LI 3</td>
<td>Third Space</td>
<td>of the index finger proximal to the metacarpophalangeal joint</td>
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<tr>
<td>LV 6</td>
<td>Central Metropolis</td>
<td>middle of the inner rim of the shinbone</td>
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<tr>
<td>UB 40</td>
<td>Bend Middle</td>
<td>in the middle of the hollow of the knee (Fossa poplitea)</td>
</tr>
<tr>
<td>UB 23</td>
<td>Kidney Shu</td>
<td>2 fingerbreadths lateral from vertebral spinous process of the 2nd lumbar vertebra</td>
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Suggested therapy - Twice weekly, 0.2 to 0.5 ml s.c. injected per point.

B. Autologous Blood Treatment for Neurodermitis

Three times weekly:
1. Injection of 0.5 ml autologous blood + 1 amp. FORMASAN + 1 amp. NOTAKEHL 5X i.m.
2. Injection of 1.0 ml autologous blood + 1 amp. FORMASAN + 1 amp. NOTAKEHL 5X i.m.
3. Injection of 1.5 ml autologous blood + 1 amp. FORMASAN + 1 amp. NOTAKEHL 5X i.m.
4/5. Injection of 0.5 ml autologous blood + 1 amp. FORMASAN + 1 amp. NOTAKEHL 5X i.m.

From the 6th injection on, increase the autologous blood dosage very slowly to 3.0 ml. Also from the 6th week, injections are administered only once a week.

C. Supplementary Medication Therapy
- UTILIN 6X, LATENSIN 6X and RECARCIN every 3rd day one capsule in alternation
- SANUVIS drops taken twice daily 60 drops
- Biofrid-PLUS capsules (evening primrose oil) three times daily 1-2 capsules
Neurodermitis

UB 23

UB 40

TH 15

LI 11

LV 6

MEDIAL

DORSAL

TH 5

LI 3